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Joined Up Care
Derbyshire

Stakeholder Bulletin

1 April 2021

Novel Coronavirus (COVID-19): Derby and Derbyshire stakeholder bulletin #51



Dear partners

Monday saw the easing of some of the coronavirus restrictions in England as the next step on the roadmap out of COVID-19 come into effect. Since Monday, up to six people, or two households, have been able to meet outside or in private gardens with social distancing and outdoor sports facilities reopened.

The relaxation in restrictions comes at a time when the number of cases of COVID-19 have reduced akin to the levels we were experiencing around September and after a week where no excess deaths were recorded in England and Wales. Despite this, it is important to remember that the vaccination programme has not started to reach the age groups that are most likely to spread the virus and so caution is still being urged so as not to risk the progress that has been made to date.

Although a direct comparison can't be made between France and England as the way this country has approached its response to the pandemic differs, especially since the beginning of January, President Macron's announcement yesterday that French schools will close for at least three weeks as part of new national restrictions still serves as a reminder that nothing can be taken for granted as we continue to respond to the pandemic.

With this in mind, it was alarming to see in a report published in the British Medical Journal this week, that fewer than one in five people are requesting a COVID-19 test if they have symptoms, while the number

While overall self-isolation rates are low, to help control the virus, it really is so important for people to get tested if they have symptoms and follow the rules on self-isolation throughout the process.

As we know, vaccines are at the heart of the strategy to manage COVID-19 and move the country out of coronavirus restrictions. At the time of writing over 30 million first doses of the vaccination have been given across the UK and yesterday marked the first time that more second doses were given than first. Getting the second vaccination dose completes the course and is so important for longer-term protection. The total number of fully immunised adults in the UK now stands at 4.1 million and included in that figure is the Queen who received her second coronavirus vaccination yesterday (31 March 2021).

As we prepare to break for Easter, the future certainly looks much brighter now than in those first anxious days of the first national lockdown, but as society begins to open up again and we make plans to meet up with family and friends we may not have seen for a long time, I urge everyone to remain vigilant, remain patient and follow the current rules and guidance. Following the messages we all know - hands, face, space - and isolating if you have symptoms, will help to keep the rates low and make the ambition to remove all legal limits on social contact by June 21st achievable.

With best wishes and please do stay safe.

NHS Derby and Derbyshire CCG

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Items included in this update

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National updates

[Government lockdown roadmap changes](#)

The next phase of the government's roadmap out of lockdown began on Monday 29 March, bringing with it a number of changes to rules around social gatherings, businesses and leisure activities and travel.

See also:

[What can I do from Monday...and what comes next?](#)

[Groups of six can meet in England as lockdown eases](#)

[What is the rule of six and what are the social distancing rules?](#)

[World leaders call for international pandemic treaty](#)

More than 20 world leaders call for a new global settlement to help the world prepare for future pandemics.

[What might a third wave look like?](#)

With infection rates rising in Europe, the British public is being warned of the risk of a third wave.

[Second dose milestone as 2.5 million get top-up jab](#)

The number of people receiving their second dose reaches a new weekly high.

[Top doctor says do not delay getting an NHS COVID jab](#)

NHS national medical director Professor Stephen Powis has urged everyone who is entitled to a COVID jab to come forward as new figures showed the NHS vaccination programme racked up record numbers of jabs last week.

[Wockhardt UK: Inside the factory making the AstraZeneca vaccine](#)

A world-first look inside the COVID vaccine factory in Wales.

[Moderna vaccine expected in UK soon](#)

The Moderna vaccine is expected to be rolled out in the UK in April.

[NHS sets out COVID-19 recovery plan for patient care and staff wellbeing](#)

The NHS is accelerating the delivery of operations and other non-urgent services as part of a £8.1 billion plan to help the health service recover all patient services following the intense winter wave of COVID.

[Fall in UK Covid infections levelling off](#)

Infections among secondary school children in England rose slightly, the [Office for National Statistics says](#).

[BBC video content in five South Asian languages \(urdu, punjabi, tamil, sylheti and gujarati\)](#)

[Click here](#) to download lots of useful information about the pandemic, including vaccines and the roadmap out of lockdown.

[Sir Lenny Henry's open letter urges black Britons to take Covid vaccine](#)

The comedian and actor said people should "trust the facts" and guard against misinformation.

See also: ["I wrote this letter to Black Britain asking people not to get left behind..."](#)

[New UK Health Security Agency to lead response to future health threats](#)

New agency will plan for, prevent and respond to external health threats such as infectious diseases, and will be led by Dr Jenny Harries.

See also: [New Office for Health Promotion](#)

[NHS achieves key Long Term Plan commitment to roll out Integrated Care Systems across England](#)

Patients will have better, more joined up care as [Integrated Care Systems \(ICSs\)](#), which require all parts of the NHS to work with each other and their partners, are rolled out across the country from next month.

Statistics

UK Summary | Data from <https://coronavirus.data.gov.uk>

The [national release of vaccination statistics by the NHS on Thursday](#), indicates that Derbyshire continues to vaccinate people at a good pace.

Update for Derby and Derbyshire

Current situation

Derby and Derbyshire continues to see a steady decline in COVID hospitalisation and the number of COVID-19 infections with public health teams stating that the position is similar to where it was in

September 2020.

The number of hospital beds occupied by confirmed COVID-19 cases (as at 8am 23/03/21) reported by NHSE is at 45 compared to 74 last week. Both pillar 1* and P2** positive tests have decreased from the previous week – by 8% and 6% respectively. Sadly, a further 20 deaths were reported over the last week at our local hospitals.

Preventing the spread of infection is paramount and we continue to be mindful of factors that could lead to increases in COVID-19 activity, such as the easing of restrictions this week.

***pillar 1:** swab testing in Public Health England (PHE) labs and NHS hospitals for those with a clinical need, and health and care workers

****pillar 2:** swab testing for the wider population, as set out in government guidance

Restoration and recovery

The NHS in Derbyshire issued a more [detailed statement](#) on its restoration and recovery work a fortnight ago. We continue to consistently operate a process of clinical prioritisation for treating our patients and have established robust processes for reviewing patients. We are maximising the use of our NHS and independent sector capacity to recover as quickly as possible.

COVID-19 vaccination programme

The vaccination programme has now been running for 115 days and by Sunday 28 March Derbyshire had reached 577,000 vaccinations.

Following the national announcements a fortnight ago, our preparations for a reduced vaccine supply during April are now in place. The vaccination programme was created to be flexible and adaptable to fluctuations in supply and we continue to be confident that we will meet the NHS's mid-April target to offer first jabs to everyone who is aged 50 and over and in the top nine priority groups.

If you already have an appointment over the coming weeks, whether for your first or second dose, this remains in place and it's really important that you attend it as planned. The first dose of both the Pfizer/BioNTech and Oxford/AstraZeneca vaccine offer good levels of protection, but to get maximum protection everyone will need to get a second dose, so we are urging people to come back when they are contacted or if they have an appointment booked. If you are no longer able to attend your second appointment please let the venue know so they can make your slot available to somebody else.

Our work with seldom heard groups across the county continues and we are receiving positive feedback on the engagement work with communities.

From 1 April, healthcare workers and eligible unpaid carers are no longer able to book their vaccinations through the National Booking System and are now being asked to go through their GP instead.

[British Islamic Medical Association debunks COVID myths](#)

The British Islamic Medical Association has provided resources in 10 languages to help debunk the most common COVID myths.

[Covid vaccination clinic at Pakistan Community Centre](#)

On Friday 26 March 21, the Pakistan Community Centre in Derby hosted its first COVID-19 vaccination clinic for eligible cohorts. The clinic will be running again on Friday 2 April and Friday 9th April. [Click here](#) for more details. An Urdu translation of the leaflet is available [here](#)

[Helpful information for people with a learning disability](#)

Joined Up Care Derbyshire has brought together lots of helpful information for people with a learning disability. [Click here](#) and scroll down to the section headed 'Helpful information for people with a learning disability'.

[Other useful links](#)

[Community Representatives' Communication Toolkit](#) to assist African, Bangladeshi, Caribbean and Pakistani community and faith leaders in conversations with their communities.

[Our video and leaflet to help patients understand what to expect when they go for their COVID-19 vaccination.](#)

[Tackling misinformation surrounding the COVID-19 vaccine](#)

See the Government's [SHARE checklist](#) and this [5-minute game](#) that helps protect against COVID-19 misinformation.

Vaccination statistics

Vaccination statistics are published every Thursday and are available [here](#).

Vaccination FAQs and the latest information on the community vaccination programme

Vaccination 'frequently asked questions' and the latest information on the community vaccination programme in Derby and Derbyshire is available [here](#).

Health services

Pharmacy opening hours over Easter

Pharmacy opening hours may be different in your area over the Easter Bank Holiday weekend. You can find opening hours for your local pharmacy [here](#). If you need urgent medical attention, please call 111

Easy ways to order repeat prescriptions

[Find out](#) about all the ways you can order your repeat prescriptions.

Urgent Treatment Centres

There are five [Urgent Treatment Centres](#) across Derby and Derbyshire. Urgent Treatment Centres (UTCs) are GP-led, open at least 12 hours a day, every day, offer appointments that can be booked through [111](#) or through a GP referral, and are equipped to diagnose and deal with many of the most common ailments people attend A&E for.

Your GP practice continues to be open for all health matters

[This animation](#) explains how people can access their GP practice, including how to get in contact, the different ways care may be delivered, and how face-to-face appointments have changed.

Access to primary care services (GP, Pharmacy, Dentist and Opticians)

[This document](#), produced by NHS England and NHS Improvement, provides helpful information about how primary care services are currently operating.

NEW - What can your NHS dentist do for you?

The primary care team at NHSE/I have developed an easy read document for people with a learning disability and/or autism. This includes information on accessing NHS dental care: finding a dentist, dental care/emergency care, costs, treatments and visiting a dentist during COVID-19.

Please share this document so everyone can access NHS dental care with confidence.

[What can your NHS dentist do for you?](#)

[What can your NHS dentist do for you? – An easy read booklet](#)

Help us help you

For more information about the work the NHS in Derbyshire has done to ensure that essential services are safe and available to you when you need them please [click here](#).

Services

Joined Up Care Derbyshire has an area of their [website](#) dedicated to bringing you all the latest health service information. For residents without internet access a phone service is available via Healthwatch Derbyshire. Call 01773 880 786, - Mon to Fri, 10am-3.30pm.

If you would like to access the individual websites of our hospital and community NHS partners, these are listed below:

[University Hospitals of Derby and Burton NHS Foundation Trust](#)

[Chesterfield Royal Hospital NHS Foundation Trust](#)

[Derbyshire Community Health Services NHS Foundation Trust](#)

[Derbyshire Healthcare NHS Foundation Trust](#)

[East Midlands Ambulance Service NHS Trust](#)

[DHU Health Care](#) (provider of the NHS 111 telephone helpline for the East Midlands as well as the out of hours GP services in Derbyshire and Leicestershire)

Partner news

Derbyshire residents urged not to be complacent as rules relax

Derbyshire's director of public health has issued an important message as the county begins to emerge from national lockdown restrictions.

[Attitudes towards the COVID-19 vaccine](#)

Healthwatch Derbyshire wants to hear from local people about why they may be hesitant about having the COVID-19 vaccination.

[New animation - mental health support for Derbyshire residents](#)

Derbyshire Healthcare NHS Foundation Trust have released a new animation giving advice on how to stay well during these challenging times, and who to turn to for support.

[Joined Up Care Derbyshire Board - Key Messages & Board Updates – 18 March 2021](#)

A summary of the Joined Up Care Derbyshire board meeting held on 18 March 2021.

[Introducing the Macmillan Information and Support Centre App](#)

The Macmillan Information and Support Centre Team at Chesterfield Royal Hospital's NGS Macmillan Unit have come up with a digital solution to help patients access the Centre services.

[April is Bowel Cancer Awareness Month](#)

Every 15 minutes in the UK someone is diagnosed with bowel cancer. It's more common in the over 50s but can affect people of all ages. It's also the UK's second biggest cancer killer but it shouldn't be. It's treatable and curable especially if diagnosed early.

[World Autism Awareness Week | 29 March - 4 April 2021](#)

Find out more about autism and the awareness week.

[Writers of new play at Derby Theatre want to hear your stories about Derby](#)

Derby Theatre is producing a new play centred around the 75th anniversary of Derby County Football Club winning the FA Cup in 1946. The writers want to hear your stories about Derby which may end up included in the play.

[Ramadan Safety Guidance](#)

Safety guidance endorsed by the Muslim Council of Britain.

Act FAST

The [Act FAST campaign](#), supported by the Stroke Association, has relaunched to alert people to the immediate need to ring 999 if they have symptoms of stroke.

[Convalescent blood plasma donation](#)

NHS Blood and Transplant still needs people who have had COVID-19 to come forward as [potential donors of convalescent blood plasma](#) to support future trials and treatment.

Support, guidance, advice and wellbeing

[COVID-19: Vaccination programme 52 FAQ explainer videos](#)

Public Health England have published 52 COVID-19 FAQ explainer videos to answer the most common questions relating to the vaccination programme, including eligibility, safety, at-risk groups, rollout, intervals, common side effects, importance of two doses and who needs the vaccine and many more.

[Inclusion North easy read coronavirus information](#)

Inclusion North produce a range of resources to support people during the pandemic, including a weekly news update. The news updates are available [here](#) or you can [click here](#) to sign up to receive the news updates directly.

[Coronavirus \(COVID-19\): grassroots sports guidance for safe provision including team sport, contact combat sport and organised sport events](#)

Information on how to safely provide grassroots sport and physical activity during COVID restrictions.

Mental health

[Find a local NHS urgent mental health helpline](#)

[NHS talking therapies can help you if you're struggling to cope with feelings of anxiety or depression](#)

Patient-friendly information on coronavirus

Accessible, high-quality information on COVID-19 is available at library.nhs.uk/coronavirus-resources.

Advice on healthcare for refugees and migrants

Public Health England has [published advice](#) on healthcare for refugees and migrants.

Support for Gypsy, Roma and Traveller communities

Friends, Families and Travellers has a [service directory](#) on its website, and relevant information on [COVID-19](#).

COVID-19 vaccination: British Sign Language resources

British Sign Language (BSL) [videos](#) on COVID-19 vaccination.

Coronavirus (COVID-19): providing unpaid care

[Information](#) for people who are caring, unpaid, for friends or family during the coronavirus outbreak.

Enabling safe and effective volunteering during coronavirus (COVID-19)

[This guidance](#) aims to help organisations and groups understand how to safely and effectively involve volunteers during the pandemic.

Other useful links

[Bereavement support](#)

[Updated self-care guidance this winter and during the pandemic](#)

[Over 50s alcohol helpline](#)

[Feeding Derbyshire](#)

[The Bee Tree Community – ending social isolation](#)

[Derbyshire Community Response Unit](#)

[Derbyshire Voluntary Action](#)

[Derby Community Hub](#)

[Community Action Derby](#)

[Community Directory Derbyshire](#)

[COVID-19 Survivors Group UK](#)

[Access coronavirus business innovation support package](#)

[Easy read guide to personal health budgets](#)

Wellbeing, health advice and support for health, social care and community staff

Support in relation to the COVID-19 virus is available on the Joined Up Care Derbyshire website [here](#).

Protect the capacity of our health and care services

- Follow the [national guidance](#) on restrictions
- [Download](#) the NHS COVID-19 app
- Isolate if ill
- Wash hands regularly
- Wear a face covering when required
- Maintain a safe social distance as appropriate

What you can do to help

Help us to save lives by reinforcing key messages in this bulletin with your key contacts. This should include the updated Government message to stay alert to stay safe. Please use your social media accounts to share only official messages from Government and NHS websites and accounts as there is a lot of misinformation about coronavirus being shared online.

Download previous editions of this bulletin

You can download previous editions of this bulletin [here](#).

Contact

If you have any feedback, or questions, please email us at: ddccg.enquiries@nhs.net.

Disclaimer:

While every effort has been made to ensure the contents of this bulletin are accurate and up-to-date you will appreciate that the situation relating to the coronavirus pandemic can change rapidly and so NHS Derby and Derbyshire CCG do not accept any responsibility of any omission as it is not deliberate. Nevertheless, we will appreciate provision of accurate information to improve our work. Where links are provided to external content, NHS Derby and Derbyshire CCG holds no responsibility for such content or accuracy.