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Joined Up Care  
Derbyshire

# Stakeholder Bulletin

25 March 2021

## Novel Coronavirus (COVID-19): Derby and Derbyshire stakeholder bulletin #50



Dear partners

Tuesday 23 March marked one year since the UK first went into national lockdown and in recognition the end-of-life charity Marie Curie organised a National Day of Reflection. The day encouraged people to come together to remember those who have died during the coronavirus pandemic, and to support those who have been bereaved. A minute's silence was observed nationwide at 12 noon and a further doorstep vigil which saw people around the country light candles and shine torches and phones was held at 8pm. It was very moving to take part in and see in the news that evening people from all over the UK, from all backgrounds and communities, come together to reflect on the tragic loss of life we've all felt over the last year and support all those who are grieving.

Covid deaths are at their lowest since October in England and Wales and Derby and Derbyshire continues to see ongoing improvements in the three major areas of our COVID-19 response; bed occupancy, deaths and infection rates. The downward trend in these areas is helping to reduce the pressures felt across health care, particularly in acute and primary care settings.

A recent report shows that NHS hospitals cared for more than one million non-Covid patients while battling the peak of the winter wave of infections. In Derby and Derbyshire, January 2021 saw our intensive care units look after twice as many patients as we would normally expect at that time of year and three times the number of COVID-19 patients were in our hospital beds than we saw in the first wave. As we move beyond the pressing needs of urgent and emergency care in response to COVID-19, the report highlights

just how much has been achieved during the most testing and demanding period of the NHS's long history.

One of those achievements was the discovery of dexamethasone, an inexpensive and widely available steroid, as an effective treatment for COVID-19 in an NHS clinical trial. It was wonderful to see in new figures published on 23 March that use of the drug has so far saved 22,000 lives in the UK and an estimated one million worldwide.

The vaccination programme continues to break records as 636,219 COVID jabs were recorded in England on Friday 19 March in a week which saw more than two and a half million doses administered - the highest number of doses delivered since the NHS vaccination programme began. The Midlands became the first NHS region in the country to have delivered five million vaccine doses and on Monday, Derby and Derbyshire had delivered 500,000 first doses of the covid vaccine. At the time of writing over 30 million people have received a covid vaccination in the UK with 2.3 million people now fully vaccinated.

In a week of reflection, let's take in what an achievement the discovery of dexamethasone and the above vaccination figures represent. I would also encourage you to think about your own achievements in a year that has brought about so much uncertainty. You may not feel like you have achieved anything, but I have no doubt that you will have overcome many personal and professional challenges in the last year, so when you can find a moment to reflect and take in your achievements.

With best wishes and please do stay safe.

Chris

**Chris Clayton**  
**Accountable Officer & Chief Executive**  
**NHS Derby and Derbyshire CCG**

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## Items included in this update

- National update
- Update for Derby and Derbyshire
- Health services
- Partner news
- Support, advice, guidance and wellbeing
- Protect the capacity of all our health and care services
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## National updates

[UK marks one year since first coronavirus lockdown](#)

A minute's silence was held at midday and a doorstep vigil was held at 8pm as part of a national day of reflection for 126,000 deaths.

#### [One year of lockdowns across the UK](#)

On the anniversary of the first UK-wide coronavirus lockdown, the BBC takes a look back at some of the key dates and how restrictions became our new normal.

#### [EU plans tougher controls on vaccine exports](#)

The proposals come after AstraZeneca was accused of failing to honour its contract with the EU.

#### **See also:**

[Where is the Oxford-AstraZeneca vaccine made?](#)

[EU denies proposing Covid jab 'export ban'](#)

#### [Covid fraud: £34.5m stolen in pandemic scams](#)

More than 6,000 cases of Covid-related fraud and cyber-crime have been recorded by the UK's police forces during the pandemic.

#### [When will over-40s get a jab?](#)

More than 27 million people in the UK have received at least one dose of a Covid vaccine, and more than 2 million a second dose.

#### **I've had my coronavirus jab – what now?**

[Tamil](#), [Punjabi](#), [Urdu](#), [Sylheti](#), [Gujarati](#)

Follow the links in the 'related' section for lots more videos in South Asian languages.

#### Explainers in South Asian languages



Tamil: 'I've had my coronavirus jab - what now?'



Punjabi: 'I've had my coronavirus jab - what now?'



Urdu: 'I've had my coronavirus jab - what now?'



Sylheti: 'I've had my coronavirus jab - what now?'



Gujarati: 'I've had my coronavirus jab - what now?'

#### [NHS update to learning disability mortality review](#)

On Tuesday 23 March, the NHS announced that autistic people will now be specifically included in an improved and expanded LeDeR programme to drive improvements in care.

#### **Statistics**

**UK Summary | Data from <https://coronavirus.data.gov.uk>**

The [national release of vaccination statistics by the NHS on Thursday](#), indicates that Derbyshire continues to vaccinate people at a good pace.

## Update for Derby and Derbyshire

#### **Current situation**

The downward trend in COVID-19 infections that we have reported in recent weeks continues. The number of hospital beds occupied by confirmed COVID-19 cases (as at 8am 17/03/21) reported by NHSE stood at 59 compared to 74 last week and 171 two weeks ago.

Despite the downward trend in infections, sadly, a further 17 deaths were reported over the last week at our local hospitals. Preventing the spread of infection is paramount and we continue to be mindful of factors that could lead to increases in COVID-19 activity, such as the gradual relaxation of restrictions.

Both pillar 1\* and pillar 2\* positive tests have decreased from the previous week – by 6% and 28% respectively.

\*pillar 1: swab testing in Public Health England (PHE) labs and NHS hospitals for those with a clinical

need, and health and care workers

\*pillar 2: swab testing for the wider population, as set out in government guidance

### **COVID-19 vaccination programme**

As reported in the introduction to this bulletin, the Midlands became the first NHS region in the country this week to have delivered five million vaccine doses and on Monday, Derby and Derbyshire had delivered 500,000 first doses of the covid vaccine. This week also saw new invitations go out across the country to people aged 50 to 54 and millions of vulnerable people have been texted urging them to get the life-saving COVID vaccination.

Following the national announcements last week, we are preparing for a reduction in vaccine supply during April. The vaccination programme was created to be flexible and adaptable to fluctuations in supply and we are confident that that we will meet the NHS's mid-April target to offer first jabs to everyone who is aged 50 and over and in the top nine priority groups. The Health Secretary has said that first jabs will still be given every week in April and those who are awaiting second doses will not see a delay because of any supply issues.

Appointments for first doses are still available for the rest of March, but they are filling up fast. So if you are in an eligible group – meaning you are 50 or over, have a health condition that puts you at greater risk, or are a health or social care worker – and you haven't booked your first dose yet, the time to do so is right now. It's quick and simple to book at [nhs.uk/covid-vaccination](https://nhs.uk/covid-vaccination) or by phoning 119.

If you already have an appointment over the coming weeks, whether for your first or second dose, this remains in place and it's really important that you attend it as planned. The first dose of both the Pfizer/BioNTech and Oxford/AstraZeneca vaccine offer good levels of protection, but to get maximum protection everyone will need to get a second dose, so we are urging people to come back when they are contacted or if they have an appointment booked.

### **Helpful information for people with a learning disability**

Joined Up Care Derbyshire has brought together lots of helpful information for people with a learning disability. [Click here](#) and scroll down to the section headed 'Helpful information for people with a learning disability'.

### **Boosting vaccine confidence among people with learning difficulties**

Shamima Essat, a Leicester woman with learning disabilities, recorded [this video](#) to encourage everyone have their vaccine when they are contacted.

### **Other useful links**

[Community Representatives' Communication Toolkit](#) to assist African, Bangladeshi, Caribbean and Pakistani community and faith leaders in conversations with their communities.

[Our video and leaflet to help patients understand what to expect when they go for their COVID-19 vaccination.](#)

### **Tackling misinformation surrounding the COVID-19 vaccine**

See the Government's [SHARE checklist](#) and this [5-minute game](#) that helps protect against COVID-19 misinformation.

### **BBC video content available in Urdu, Punjabi, Tamil, Sylheti and Gujarati**

Please share this content where appropriate. Content includes:

- [Vaccine myths busting](#)
- [Vaccine explainer](#)
- [Vaccine Q&A](#)
- [Lockdown rules explained](#)
- [Test and trace](#)

### **Vaccination statistics**

Vaccination statistics are published every Thursday and are available [here](#).

### **Vaccination FAQs and the latest information on the community vaccination programme**

Vaccination 'frequently asked questions' and the latest information on the community vaccination programme in Derby and Derbyshire is available [here](#).

## Health services

### **Order your repeat prescriptions before Easter**

With Good Friday only a week away [find out](#) about all the ways you can order your repeat prescriptions.

### **Urgent Treatment Centres**

There are five [Urgent Treatment Centres](#) across Derby and Derbyshire. Urgent Treatment Centres (UTCs) are GP-led, open at least 12 hours a day, every day, offer appointments that can be booked through [111](#) or through a GP referral, and are equipped to diagnose and deal with many of the most common ailments people attend A&E for.

### **Your GP practice continues to be open for all health matters**

[This animation](#) explains how people can access their GP practice, including how to get in contact, the different ways care may be delivered, and how face-to-face appointments have changed.

### **Access to primary care services (GP, Pharmacy, Dentist and Opticians)**

[This document](#), produced by NHS England and NHS Improvement, provides helpful information about how primary care services are currently operating.

### **Help us help you**

For more information about the work the NHS in Derbyshire has done to ensure that essential services are safe and available to you when you need them please [click here](#).

### **Services**

Joined Up Care Derbyshire has an area of their [website](#) dedicated to bringing you all the latest health service information. For residents without internet access a phone service is available via Healthwatch Derbyshire. Call 01773 880 786, - Mon to Fri, 10am-3.30pm.

If you would like to access the individual websites of our hospital and community NHS partners, these are listed below:

[University Hospitals of Derby and Burton NHS Foundation Trust](#)

[Chesterfield Royal Hospital NHS Foundation Trust](#)

[Derbyshire Community Health Services NHS Foundation Trust](#)

[Derbyshire Healthcare NHS Foundation Trust](#)

[East Midlands Ambulance Service NHS Trust](#)

[DHU Health Care](#) (provider of the NHS 111 telephone helpline for the East Midlands as well as the out of hours GP services in Derbyshire and Leicestershire)

## Partner news

### **[Midlands leads the way as first to reach five million vaccines landmark](#)**

The Midlands has become the first NHS region in England to have delivered five million Coronavirus vaccine doses, as the biggest vaccination programme in the history of the NHS continues.

### **See also:**

[@NHSMidlands tweet marking the occasion](#)

[May Parsons 'thank you' video on YouTube](#)

### **[Royal Derby Hospital nurse crowned nurse of the year](#)**

Dr Katie Riches, lead research nurse in lymphoedema, took the title of Nurse of the Year at the British Journal of Nursing Awards.

### **[Hospice gives thanks to volunteers and supporters after a year of lockdowns](#)**

A High Peak hospice charity providing free palliative and end of life care to local patients reflects on an unprecedented year and thanks volunteers and donors for their unwavering support.

### **[Developing Aspirant BAME Nursing and Midwifery Leaders' Programme](#)**

[Click here](#) for more information on this new initiative to support aspiring nursing and midwifery leaders from a BAME background.

#### **Ramadan Safety Guidance**

Click [here](#) to download Ramadan safety guidance endorsed by the Muslim Council of Britain.

#### **Act FAST**

The [Act FAST campaign](#), supported by the Stroke Association, has relaunched to alert people to the immediate need to ring 999 if they have symptoms of stroke.

#### **Convalescent blood plasma donation**

NHS Blood and Transplant still needs people who have had COVID-19 to come forward as [potential donors of convalescent blood plasma](#) to support future trials and treatment.

## Support, guidance, advice and wellbeing

#### **Mental health**

[Find a local NHS urgent mental health helpline](#)

[NHS talking therapies can help you if you're struggling to cope with feelings of anxiety or depression](#)

#### **Patient-friendly information on coronavirus**

Accessible, high-quality information on COVID-19 is available at [library.nhs.uk/coronavirus-resources](https://library.nhs.uk/coronavirus-resources).

#### **Advice on healthcare for refugees and migrants**

Public Health England has [published advice](#) on healthcare for refugees and migrants.

#### **Support for Gypsy, Roma and Traveller communities**

Friends, Families and Travellers has a [service directory](#) on its website, and relevant information on [COVID-19](#).

#### **COVID-19 vaccination: British Sign Language resources**

British Sign Language (BSL) [videos](#) on COVID-19 vaccination.

#### **Coronavirus (COVID-19): providing unpaid care**

[Information](#) for people who are caring, unpaid, for friends or family during the coronavirus outbreak.

#### **Enabling safe and effective volunteering during coronavirus (COVID-19)**

[This guidance](#) aims to help organisations and groups understand how to safely and effectively involve volunteers during the pandemic.

#### **Other useful links**

[Bereavement support](#)

[Updated self-care guidance this winter and during the pandemic](#)

[Over 50s alcohol helpline](#)

[Feeding Derbyshire](#)

[The Bee Tree Community – ending social isolation](#)

[Derbyshire Community Response Unit](#)

[Derbyshire Voluntary Action](#)

[Derby Community Hub](#)

[Community Action Derby](#)

[Community Directory Derbyshire](#)

[COVID-19 Survivors Group UK](#)

[Access coronavirus business innovation support package](#)

[Easy read guide to personal health budgets](#)

#### **Wellbeing, health advice and support for health, social care and community staff**

Support in relation to the COVID-19 virus is available on the Joined Up Care Derbyshire website [here](#).

## Protect the capacity of our health and care services

- Follow the [national guidance](#) on restrictions
- [Download](#) the NHS COVID-19 app
- Isolate if ill
- Wash hands regularly
- Wear a face covering when required
- Maintain a safe social distance as appropriate

## What you can do to help

Help us to save lives by reinforcing key messages in this bulletin with your key contacts. This should include the updated Government message to stay alert to stay safe. Please use your social media accounts to share only official messages from Government and NHS websites and accounts as there is a lot of misinformation about coronavirus being shared online.

## Download previous editions of this bulletin

You can download previous editions of this bulletin [here](#).

## Contact

If you have any feedback, or questions, please email us at: [ddccg.enquiries@nhs.net](mailto:ddccg.enquiries@nhs.net).

### **Disclaimer:**

While every effort has been made to ensure the contents of this bulletin are accurate and up-to-date you will appreciate that the situation relating to the coronavirus pandemic can change rapidly and so NHS Derby and Derbyshire CCG do not accept any responsibility of any omission as it is not deliberate. Nevertheless, we will appreciate provision of accurate information to improve our work. Where links are provided to external content, NHS Derby and Derbyshire CCG holds no responsibility for such content or accuracy.