

[View this email in your browser](#)



Joined Up Care
Derbyshire

Stakeholder Bulletin

18 December 2020

Novel Coronavirus (COVID-19): Derby and Derbyshire stakeholder bulletin #38



Dear partners

As community COVID-19 vaccinations begin this week following a fantastic start to the COVID-19 vaccination programme led by hospital hubs last week, it is worth remembering that the NHS delivered the first mass vaccination programme in the world when it began vaccinating everyone under the age of 15 against polio and diphtheria in 1958. Polio and diphtheria are highly contagious infections and were once common in the UK and worldwide but thankfully both are now rare in the UK because babies and children are routinely vaccinated against it. Vaccination is central to any battle against highly infectious diseases and so if and when you receive your invitation to be vaccinated against COVID-19 I do hope you will accept it in the knowledge that the NHS has a proven track record in protecting people through vaccination.

It is heartening to be at a point where we are delivering community vaccinations and on the brink of immunising larger populations across Derby and Derbyshire in the coming year (more on this below) but this comes with a note of caution. The vaccination programme will take many months and we must continue to remain vigilant to the threat of COVID-19, which continues to be highly prevalent in our communities. As colleagues across the NHS continue their work on what is the largest vaccination programme in our history, the public have an important part to play to help them do this:

- please don't contact the NHS to seek a vaccine, we will contact you;
- when we do contact you, please attend your booked appointments;
- and please continue to follow all the guidance to control the virus and save lives.

The opening of local vaccination services across England is an important development in the ongoing response to coronavirus and means we can intensify our work to protect people aged 80 and over, as well as care home workers and residents, identified as priority groups for the life-saving vaccine.

Ahead of the community vaccination programme commencing in Derby and Derbyshire, I would like to thank all my colleagues in general practice who have worked rapidly and diligently to redesign sites and put in place safe processes to meet what we know are tough logistical challenges.

This will be the last stakeholder bulletin of 2020 and will return on Friday 8 January 2021.

I wish you a very merry Christmas and a happy new year.

Chris

Chris Clayton
Accountable Officer & Chief Executive
NHS Derby and Derbyshire CCG

If you use Microsoft Outlook and this email is going into your junk mail folder and you would prefer it to land directly in your inbox, please follow the below instructions:

1. Open your 'Junk Email' folder
2. Locate the email which should not be junk
3. Right click on the email
4. From the drop down menu hover over 'Junk' then left click 'Not Junk'
5. The email will then move to your inbox where future emails from the same sender will also go

Items included in this update

- National update
- Update for Derby and Derbyshire
- Health services
- Partner information
- Support, advice, guidance and wellbeing
- Protect the capacity of all our health and care services
- What you can do to help
- Download previous editions of this bulletin
- Contact

National update

GPs begin offering covid vaccine as part of biggest NHS immunisation programme

Hundreds of [local vaccination services](#) run by family doctors and their teams will open across England this week, as the roll out of the biggest vaccination programme in NHS history gains further momentum.

See also:

[Joint Committee on Vaccination and Immunisation: advice on priority groups for COVID-19 vaccination](#)
[Medicines and Healthcare products Regulatory Agency: statement on managing allergic reactions following COVID-19 vaccination with the Pfizer/BioNTech vaccine](#)

[Why vaccine doctors are using TikTok to educate us](#)

[More than 130,000 vaccinated in UK in first week](#)

[PHE investigating a novel strain of COVID-19](#)

'A shorter Christmas is a safer Christmas' says Boris Johnson

The Prime Minister calls for "[extreme caution](#)" as people are still allowed to gather in three-household bubbles.

New tiers announced across England

What are the [new tiers and lockdown rules](#) in England, Scotland, Wales and Northern Ireland?

Greater London enters Tier 3 restrictions

On Monday, Secretary of State Matt Hancock confirmed that Greater London, parts of south and west Essex and south Hertfordshire would move into [Tier 3 restrictions](#) from Wednesday following a surge in cases. Mobile and community testing is being extended into those areas as part of the government's expansion in [community testing](#).

UK Chief Medical Officers announce change to the self-isolation period

From 00:01am on Monday 14 December the period of self-isolation in England, Scotland and Northern Ireland changed from [14 to 10 days](#). This already applied in Wales.

NHS app to offer £500 self-isolation grant

An [update](#) to England and Wales's NHS Covid-19 contact-tracing app is adding a way to apply for a £500 grant if it gives a self-isolation order.

Three-tier system of restrictions

[Local restriction tiers: what you need to know](#)

Statistics**UK Summary – As of 4.40pm on Thursday 17 December 2020**

The latest R number is estimated at 0.9 to 1 with a daily infection growth rate range of -2% to 0%.

Cases People tested positive	Deaths Deaths within 28 days of positive test	Healthcare Patients admitted	Testing Virus tests processed
Latest data provided on 17 December 2020	Latest data provided on 17 December 2020	Latest data provided on 13 December 2020	Latest data provided on 16 December 2020
Daily 35,383	Daily 532	Daily 1,725	Daily 364,388
Last 7 days 160,878	Last 7 days 2,970	Last 7 days 11,928	Last 7 days 2,407,461
↑47,227 (41.6%)	↓-16 (-0.5)	↑1,901 (19%)	↑128,980 (5.7%)

As of 4.40pm on 17 December 2020, 11,590,804 pillar 1 and 25,586,386 pillar 2 tests have been confirmed as lab processed in total in England. The total number of lab confirmed cases in England is reported as 1,664,511 with 22,401 new people testing positive in a day. Sadly, 57,722* deaths in England have been reported with daily 438 people dying in a day.

*Deaths within 28 days of positive test.

Update for Derby and Derbyshire

Current situation

- The number of hospital beds occupied by confirmed COVID-19 cases (as at 8am 09/12/2020) reported by NHSE was 276 (239 UHDB, 30 CRH, 6 DCHS, 1 DHcFT) compared to 319 at the same period last week. This is the first week on week increase since 13.11.20.
- All patients waiting for elective care have been clinically triaged and are being treated in priority order.
- The number of 111 calls and 111.nhs.uk online visits for COVID-like presentations has been steady since early October.
- Staff COVID-19 related absences stand at 35% of total absences – a decrease of 7%.

There is capacity across all five of our [Urgent Treatment Centres](#). Urgent Treatment Centres (UTCs) are GP-led, open at least 12 hours a day, every day, offer appointments that can be booked through [111](https://111.nhs.uk) or through a GP referral, and are equipped to diagnose and deal with many of the most common ailments people attend A&E for.

Community COVID-19 vaccination roll out

The community COVID-19 vaccination programme got underway this week as Derbyshire GPs began vaccinating their first patients against COVID-19 at The Stubble Medical Centre in Dronfield on Friday (18 December) with Church Farm Medical Centre in Ripley set to follow on Saturday. For more information, please see [this media release](#) and our most recent bulletin on the vaccination programme [here](#).

Community testing to begin in Derbyshire

Derbyshire will become one of the first new areas in the country to roll out community testing – previously referred to as ‘mass testing’ – before Christmas. Plans have been put in place to begin community testing for people who don’t have symptoms in Swadlincote in South Derbyshire from 21 December. Parts of Bolsover and Amber Valley will follow shortly afterwards with testing moving to areas of the Derbyshire Dales and Chesterfield in the New Year. More information is available on the [Derbyshire County Council website](#).

Pregnant women in Derbyshire urged to get their flu vaccine

Pregnant women in Derbyshire are being urged to get their free flu vaccination if they have not already done so. Women are at higher risk of complications from flu during pregnancy because they have a weaker immune system. When you're pregnant, your body naturally weakens your immune system to ensure the pregnancy is successful.

You can have the NHS flu vaccine at:

- your GP surgery
- a pharmacy offering the service
- your midwifery service if you're pregnant

If you have your flu vaccine at a pharmacy, you do not have to tell the GP. The pharmacist should tell them.

[Find out more about why pregnant women are at higher risk of flu complications](#)

[Find out more about the flu vaccine](#)

When you think you need A&E, think NHS111 first

Getting the right treatment, at the right time and at the right place has now become easier as Derby and Derbyshire residents are asked to contact [NHS111](https://111.nhs.uk) first by phone or online at 111.nhs.uk if they think they need A&E.

How to access your GP practice animation

[This animation](#) explains how people can access their GP practice, including how to get in contact, the different ways care may be delivered, and how face-to-face appointments have changed.

Statistics

As of 4.40pm on 17 December 2020.

Cases by area	Last 7 days	Rate per 100,000	Whole pandemic	Rate per 100,000	Deaths	Rate per 100,000
East Midlands	9,196	190.2	158,567	3,278.9	5,297	109.5
Derby city	507	197	8,875	3,449.3	348	135.2
Derbyshire	1,283	159.8	23,761	2,960.2	966	120.3
Amber Valley	233	181.8	4,004	3,124.5	153	119.4
Bolsover	200	248.3	2,875	3,568.7	89	110.5
Chesterfield	131	124.9	3,006	2,865.6	94	89.6
Derbyshire Dales	52	71.9	1,354	1,872.1	67	92.6
Erewash	146	126.5	3,229	2,798.8	156	135.2
High Peak	125	134.9	2,601	2,806.9	132	142.2
North East Derbyshire	124	122.2	3,167	3,121.4	149	146.9
South Derbyshire	272	253.6	3,525	3,286.4	126	117.5

Health services

Access to primary care services (GP, Pharmacy, Dentist and Opticians)

[This document](#), produced by NHS England and NHS Improvement, provides helpful information about how primary care services are currently operating.

Your GP Practice continues to be open for all health matters

Your GP Practice continues to be open for all health matters as well as COVID-19.

Help us help you

For more information about the work the NHS in Derbyshire has done to ensure that essential services are safe and available to you when you need them please [click here](#).

Services

Joined Up Care Derbyshire has an area of their [website](#) dedicated to bringing you all the latest health service information. For residents without internet access a phone service is available via Healthwatch Derbyshire. Call 01773 880 786, - Mon to Fri, 10am-3.30pm.

If you would like to access the individual websites of our hospital and community NHS partners, these are listed below:

[University Hospitals of Derby and Burton NHS Foundation Trust](#)

[Chesterfield Royal Hospital NHS Foundation Trust](#)

[Derbyshire Community Health Services NHS Foundation Trust](#)

[Derbyshire Healthcare NHS Foundation Trust](#)

[East Midlands Ambulance Service NHS Trust](#)

[DHU Health Care](#) (provider of the NHS 111 telephone helpline for the East Midlands as well as the out of hours GP services in Derbyshire and Leicestershire)

Partner information

[Drive to be delivered in Derbyshire to target high risk domestic abuse perpetrators](#)

[NHS Blood and Transplant \(NHSBT\) is appealing for more people to donate convalescent plasma.](#)

Support, guidance, advice and wellbeing

Bereavement support

Grief is a natural process, but it can be devastating. [Cruse Bereavement Care](#) is available to support you after the death of someone close. [Click here](#) for Derbyshire contact numbers.

Updated self-care guidance this winter and during the pandemic

Self-care is more important than ever as we continue to socially distance to protect ourselves and one another from coronavirus, in addition to preventing common winter ailments. Taking responsibility for your own health and ensuring you have quick access to over-the-counter medication to treat pain and discomfort is essential to keep well this winter. You can find updated guidance regarding self-care and vitamin-D supplementation [here](#).

Coronavirus vaccines explained in five South Asian languages

British Asian doctors explain the importance of vaccines for fighting coronavirus in [five South Asian languages](#): Sylheti, Gujarati, Tamil, Urdu and Punjabi. For more information in English, check out [this explainer](#).

British Islamic Medical Association (IBMA) position statement on the Pfizer/BioNTech COVID-19 Vaccine

After consulting Muslim health care professionals, Islamic scholars & Muslim umbrella bodies from across the UK, the IBMA has issued a [position statement](#) on the Pfizer/BioNTech COVID-19 Vaccine stating that they recommend the vaccine to 'all eligible at-risk individuals in Muslim communities'. The IBMA has also tweeted [a summary of the statement here](#).

See also: [Information about the three-tier system of restrictions in the following South Asian languages: Hindi, Punjabi, Urdu, Bengali and Gujarati](#)

Other useful links

[NHS talking therapies can help you if you're struggling to cope with feelings of anxiety or depression](#)

[Take five minutes for a Quality Conversation](#)

[Over 50s alcohol helpline](#)

[Information on free school meals during the Christmas school holidays in Derby](#)

[Feeding Derbyshire](#)

[The Bee Tree Community – ending social isolation](#)

[Derbyshire Community Response Unit](#)

[Derbyshire Voluntary Action](#)

[Derby Community Hub](#)

[Community Action Derby](#)

[Community Directory Derbyshire](#)

[COVID-19 Survivors Group UK](#)

Wellbeing, health advice and support for health, social care and community staff

Support in relation to the COVID-19 virus is available on the Joined Up Care Derbyshire website [here](#).

Protect the capacity of our health and care services

- Follow the rules for your local area restrictions
 - [Find out what tier your area is in and what the local restrictions are](#)
- [Download](#) the NHS COVID-19 app
- Isolate if ill
- Wash hands regularly
- Wear a face covering when required

- Maintain a safe social distance as appropriate

What you can do to help

Help us to save lives by reinforcing key messages in this bulletin with your key contacts. This should include the updated Government message to stay alert to stay safe. Please use your social media accounts to share only official messages from Government and NHS websites and accounts as there is a lot of misinformation about coronavirus being shared online.

Download previous editions of this bulletin

You can download previous editions of this bulletin [here](#).

Contact

If you have any feedback, or questions, please email us at: ddccg.enquiries@nhs.uk. We are sure you will understand that we are very busy, but we will endeavour to respond to all queries within 72 hours.

Disclaimer:

While every effort has been made to ensure the contents of this bulletin are accurate and up-to-date you will appreciate that the situation relating to the coronavirus pandemic can change rapidly and so NHS Derby and Derbyshire CCG do not accept any responsibility of any omission as it is not deliberate. Nevertheless, we will appreciate provision of accurate information to improve our work. Where links are provided to external content, NHS Derby and Derbyshire CCG holds no responsibility for such content or accuracy.