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Joined Up Care
Derbyshire

Stakeholder Bulletin

20 November 2020

Novel Coronavirus (COVID-19): Derby and Derbyshire stakeholder bulletin #34



Dear partners

Sadly, last Thursday (12 November) we lost another UHDB colleague to COVID-19. Dr Krishnan Subramanian, a Consultant Anaesthetist at Royal Derby Hospital, joined the Trust at the beginning of 2014. He had previously worked at University Hospitals of Leicester NHS Trust, and trained at hospitals across the East Midlands earlier in his career, including in Derby.

Our thoughts are with Krishnan's friends, family and UHDB colleagues at this time and I would like to offer my sincere condolences to them on behalf of everyone in the health and care system in Derbyshire. In his tribute, Gavin Boyle, Chief Executive, said: "This is a very sad day for the UHDB family. Krishnan was a hugely valued member of the team who had worked tirelessly this year to support those who needed care." You can see the full tribute [here](#).

A number of people have said to me that they feel the second wave of the pandemic is very different to the first and one observation in particular seems to be a common theme; this time we seem to be more likely

struggling with feelings of loss and grief at this time then please visit www.griefuk.org for more advice.

As reported in the Derby Telegraph last week, there are now more patients with COVID-19 in our hospitals than at any point during the first wave of the virus. However, the number of coronavirus patients in intensive care units remains substantially lower than during the pandemic peak. This is most likely due to a combination of an improved understanding of the disease and better treatment options for patients, along with lessons learned from the first wave of the pandemic. Despite there being more patients with COVID-19 in our hospitals than at any point during the first wave, it is worth noting at this point that we're starting to see that infection rates, while still rising, are beginning to slow.

As our health and social care system continues to be under significant pressure it has never been more important that people go to the place most appropriate place for their treatment and we are still seeing people going to A&E for conditions that could be treated elsewhere. Patients are advised to use [NHS 111 online](#) or call NHS 111 first if they are not sure which service to use. NHS 111 will assess your symptoms and direct you to the service that is right for you, whether it's an appointment at an Urgent Treatment Centre, hospital clinic, doctor or pharmacist.

With best wishes and stay safe.

Chris

Chris Clayton
Accountable Officer & Chief Executive
NHS Derby and Derbyshire CCG

Items included in this update

- National update
- Update for Derby and Derbyshire
- Health services
- Partner information
- Support, advice, guidance and wellbeing
- Protect the capacity of all our health and care services
- What you can do to help
- Download previous editions of this bulletin
- Contact

National update

Monday 16 November Downing Street Briefing

On Monday, Health Secretary Matt Hancock lead the Downing Street coronavirus briefing and was joined by Dr Susan Hopkins from Public Health England and Jonathan Van-Tam, Deputy Chief Medical Officer for England. He announced a number of developments which we have detailed below. You can also read his full statement [here](#).

- Two new testing "[mega labs](#)" to open in early 2021 will add 600,000 to the UK's daily testing capacity.
- Four different lateral flow tests have been brought to field trials – can be read in 20 to 30 minutes and test for antigens which will help identify infections before symptoms are apparent.

otherwise.

- The UK has an "initial agreement" to purchase 5m doses of the [US Moderna vaccine](#)
- 83 local authorities have now signed up to receive quicker "lateral flow" tests.
- There will be a [network of 40 clinics](#) to help people coping with the effect of so-called "long Covid", ten of which have been earmarked for the Midlands.

Other news

[Coronavirus vaccine by Pfizer and BioNTech 94% effective in adults aged over 65, latest trial data suggests.](#)

[Family Christmas get-togethers being considered](#)

[What is the new lateral flow test and how does it work?](#)

[Prime Minister Boris Johnson and six Conservative MPs self-isolating after No 10 meeting](#)

[We are the NHS – Find out more about career options in the NHS](#)

Statistics

UK Summary – As of 4.22pm on Wednesday 18 November 2020

The latest R number is estimated at 1 to 1.2 with a daily infection growth rate range of +1% to +3%.

| Cases People tested positive | Deaths Deaths within 28 days of positive test | Healthcare Patients admitted | Testing Virus tests processed |
|---|--|---|--|
| Latest data provided on 18 November 2020 | Latest data provided on 18 November 2020 | Latest data provided on 14 November 2020 | Latest data provided on 17 November 2020 |
| Daily 19,609 | Daily 529 | Daily 1,589 | Daily 283,358 |
| Last 7 days 173,616 | Last 7 days 2,909 | Last 7 days 12,212 | Last 7 days 2,284,870 |
| ↑15,947 (10.1%) | ↑286 (10.9%) | ↑1,548 (14.5%) | ↑123,476 (5.7%) |

As of 4.22pm on 18 November 2020, 9,587,604 pillar 1 and 19,855,888 pillar 2 tests have been confirmed as lab processed in total in England. The total number of lab confirmed cases in England is reported as 1,229,140 with 17,189 new people testing positive in a day. Sadly, 46,724* deaths in England have been reported with daily 423 people dying in a day.

*Deaths within 28 days of positive test.

Update for Derby and Derbyshire

Current situation

Please see the 'welcome' to this bulletin for more information about the current situation in Derby and Derbyshire.

Other updates

[Campaign urges people in the East Midlands not to ignore persistent tummy troubles](#)

[Helpful information if you are pregnant](#)

Statistics

As of 7.52pm on 12 November 2020.

| Cases by area | Last 7 days | Rate per 100,000 | Whole pandemic | Rate per 100,00 | Deaths | Rate 100,0 |
|-----------------------|-------------|------------------|----------------|-----------------|--------|------------|
| East Midlands | 16,307 | 337.2 | 120,276 | 2,487.1 | 3,931 | 81.3 |
| Derby city | 1,072 | 416.6 | 6,816 | 2,649 | 287 | 111.5 |
| Derbyshire | 2,751 | 342.7 | 18,515 | 2,306.6 | 775 | 96.5 |
| Amber Valley | 584 | 455.7 | 2,980 | 2,325.5 | 117 | 91.3 |
| Bolsover | 341 | 423.3 | 2,158 | 2,678.7 | 60 | 74.5 |
| Chesterfield | 332 | 316.5 | 2,431 | 2,317.4 | 77 | 73.4 |
| Derbyshire Dales | 166 | 229.5 | 1,078 | 1,490.5 | 61 | 84.3 |
| Erewash | 384 | 332.8 | 2,567 | 2,225 | 119 | 103.1 |
| High Peak | 271 | 292.4 | 2,165 | 2,336.3 | 120 | 129.5 |
| North East Derbyshire | 259 | 255.3 | 2,554 | 2,517.2 | 124 | 122.2 |
| South Derbyshire | 414 | 386 | 2,582 | 2,407.2 | 97 | 90.4 |

Health services

Visitor restrictions

On Monday 19 October University Hospitals of Derby and Burton reintroduced visiting restrictions following a significant increase in admissions for patients who are COVID-19 positive. [Find out more](#).

Chesterfield Royal Hospital have also joined an increasing number of hospitals by taking the decision to suspend all but the most essential on-site patient visiting

Access to primary care services (GP, Pharmacy, Dentist and Opticians)

[This document](#), produced by NHS England and NHS Improvement, provides helpful information about how primary care services are currently operating.

Your GP Practice continues to be open for all health matters

Your GP Practice continues to be open for all health matters as well as COVID-19.

Help us help you

For more information about the work the NHS in Derbyshire has done to ensure that essential services are safe and available to you when you need them please [click here](#).

Services

Joined Up Care Derbyshire has an area of their [website](#) dedicated to bringing you all the latest health service information. For residents without internet access a phone service is available via Healthwatch Derbyshire. Call 01773 880 786, - Mon to Fri, 10am-3.30pm.

If you would like to access the individual websites of our hospital and community NHS partners, these are listed below:

- [University Hospitals of Derby and Burton NHS Foundation Trust](#)
- [Chesterfield Royal Hospital NHS Foundation Trust](#)
- [Derbyshire Community Health Services NHS Foundation Trust](#)
- [Derbyshire Healthcare NHS Foundation Trust](#)

[East Midlands Ambulance Service NHS Trust](#)

[DHU Health Care](#) (provider of the NHS 111 telephone helpline for the East Midlands as well as the out of hours GP services in Derbyshire and Leicestershire)

Partner information

World Antimicrobial Awareness Week and European Antimicrobial Awareness Day

[World Antimicrobial Awareness Week](#) aims to increase awareness of global antimicrobial resistance (AMR) in the general public and encourage best practice among health workers and policy makers to avoid the further emergence and spread of drug-resistant infections.

[Why not pledge to become an antibiotic guardian?](#)

Islamophobia Awareness Month

November is [Islamophobia Awareness Month](#). The month highlights the threat of Islamophobic hate crimes and showcases the positive contributions of British Muslims to society.

Carers Rights Day | Thursday 26 November

Organised by Carers UK, the message for the day is 'know your rights'. Both [Derbyshire Carers Association](#) and [Carers in Derbyshire](#) have more information.

Global atrial fibrillation aware week | 16-22 November

[AF Association Global AF Aware Week](#) is an annual awareness week that brings attention to the most common arrhythmia (heart rhythm disorder), Atrial Fibrillation or AF, which can affect adults of any age.

Alcohol Awareness Week

The theme for Alcohol Awareness Week this year is 'alcohol and mental health'. [Click here](#) for more information about the services that are available to both adults and young people experiencing issues with alcohol and drugs in Derby and Derbyshire.

Self care week | 16-22 November

The theme for self care week this year is "Live Self Care for Life". Some health conditions such as sprains, colds and coughs can be treated at home or with advice from a pharmacist. Using the right service for your health needs and mental wellbeing will save you time and help take pressure off the NHS. Find out more about self-care [here](#).

[Stay warm and well this winter](#)

[Download the latest newsletter from Joined Up Care Derbyshire](#)

[Leaders Unlocked are currently looking for young people to join MH:2K – a youth-led project addressing mental health](#)

[Derbyshire armed forces community research project November](#)

Support, guidance, advice and wellbeing

COVID-19 resources for adults with learning disabilities

For general easy read guidance on the November lockdown please see this resource from [Mencap](#).

Also, specifically in relation to adults with Down syndrome, the [Down's Syndrome Association have issued a useful news article](#) in which the chief medical officers of the UK have recently decided to add individuals with Down Syndrome over 18 years of age to their "extremely vulnerable list" for COVID-19, which entails recommending their shielding. Adults who have Down syndrome and their families are encouraged to seek advice if they do not hear from their GPs in the next few weeks.

[Easy read guidance for households with possible COVID-19](#)
[Disadvantaged pupils in England could begin focused tuition through the new National Tutoring Programme](#)
[Support available to employers, businesses and charities in Derbyshire](#)
[Feeding Derbyshire](#)
[Derbyshire Community Response Unit](#)
[Derbyshire Voluntary Action](#)
[Derby Community Hub](#)
[Information on free school meals during the Christmas school holidays in Derby](#)
[Community Action Derby](#)
[Community Directory Derbyshire](#)
[Guidance on supporting children and young people's mental health and wellbeing](#)
[Guidance for the public on mental health and wellbeing](#)
[COVID-19 Survivors Group UK](#)

Wellbeing, health advice and support for health, social care and community staff

Support in relation to the COVID-19 virus is available on the Joined Up Care Derbyshire website [here](#).

Protect the capacity of our health and care services

- Follow [national restrictions](#)
- [Download](#) the NHS COVID-19 app
- Isolate if ill
- Wash hands regularly
- Wear a face covering when required
- Maintain a safe social distance as appropriate

What you can do to help

Help us to save lives by reinforcing key messages in this bulletin with your key contacts. This should include the updated Government message to stay alert to stay safe. Please use your social media accounts to share only official messages from Government and NHS websites and accounts as there is a lot of misinformation about coronavirus being shared online.

Download previous editions of this bulletin

You can download previous editions of this bulletin [here](#).

Contact

If you have any feedback, or questions, please email us at: ddccg.enquiries@nhs.uk. We are sure you will understand that we are very busy, but we will endeavour to respond to all queries within 72 hours.

Disclaimer:

While every effort has been made to ensure the contents of this bulletin are accurate and up-to-date you will appreciate that the

situation relating to the coronavirus pandemic can change rapidly and so NHS Derby and Derbyshire CCG do not accept any responsibility of any omission as it is not deliberate. Nevertheless, we will appreciate provision of accurate information to improve our work. Where links are provided to external content, NHS Derby and Derbyshire CCG holds no responsibility for such content or accuracy.
