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Joined Up Care
Derbyshire

Stakeholder Bulletin

13 November 2020

Novel Coronavirus (COVID-19): Derby and Derbyshire stakeholder bulletin #33



Dear partners

Monday brought the welcome news that rapid progress is being made in developing a COVID-19 vaccine, raising hopes that the way back to a normal life is starting to appear a little clearer.

As NHS Chief Executive, Sir Simon Stevens, indicated last week, the NHS is in the midst of its preparations to roll out one of the largest and most important vaccine programmes it will have ever delivered from next month. Locally there is a tremendous amount of preparation work underway from colleagues across the system and I'd like to offer my thanks to them for their support with this incredibly important work.

Despite the welcome news, Monday also saw the number of global coronavirus cases pass 50 million and on Wednesday the UK become the first country in Europe to pass 50,000 coronavirus deaths. The Prime Minister said that the figures showed that, despite hopes for a vaccine, "we are not out of the woods". At the Downing Street briefing on Monday, following the announcement of the vaccine, he said the biggest mistake we could make now would be to slacken our resolve at a critical moment and implored people to

In Derbyshire, our Director of Public Health, Dean Wallace, has been highlighting in the local media the importance of abiding by the national restrictions that have been in place since November 5th to help control the virus. On Monday, BBC East Midlands Today spoke to Gavin Boyle, Chief Executive of University Hospitals Derby and Burton NHS Foundation Trust and Intensive Care Unit Sister, Caroline Swan, to see how the hospital is coping at this stage in the pandemic.

The health and care system in Derbyshire continues to experience pressure as a result of coronavirus. The level of demand and footfall are at their highest levels since the pandemic began in March. As we continue to try and respond to the backlog of elective work as a result of the first wave of the pandemic and respond to patients with non-COVID issues, patients in Derbyshire are urged to continue to use the NHS where they have concerns about symptoms, but to use it wisely. Patients are advised to use [NHS 111 online](#) or call NHS 111 first if they are not sure which service to use.

As always, I hope you find this bulletin useful.

With best wishes and stay safe.

Chris

Chris Clayton
Accountable Officer & Chief Executive
NHS Derby and Derbyshire CCG

Items included in this update

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National update

First 'milestone' vaccine offers 90% protection

The first effective [coronavirus vaccine](#) can prevent more than 90% of people from getting COVID-19, a preliminary analysis shows.

See also: [Prime Minister's 9 November 2020 statement on coronavirus \(COVID-19\)](#)

NHS ready if coronavirus vaccine gets approved

Health Secretary, Matt Hancock, has said the [NHS will be ready from December](#) to roll out the new coronavirus vaccine if it gets approved.

UK first country in Europe to pass 50,000 deaths

...the entire main country to pass [cancer exams](#), coming after the US, Brazil, India and Mexico.

See also: [How the UK reached 50,000 virus deaths](#)

UK daily cases reach new high of 33,470

On Thursday 12 November, the number of new coronavirus cases hit [33,470](#) – the highest daily figure recorded since the outbreak began. The scale of testing in the UK has steadily grown in recent weeks

UK out of recession but growth slows in September

UK economy [bounces back from recession](#) with 15.5% growth in July to September, but GDP remains below pre-COVID level.

How to survive a winter lockdown, from those who've done it

[This article](#) looks at what we can learn from the millions of people across the world have already experienced coronavirus lockdowns often in sub-zero temperatures.

Statistics

UK Summary – As of 4.13pm on Wednesday 11 November 2020

The latest R number is estimated at 1.1 to 1.3 with a daily infection growth rate range of +2% to +4%.

Cases People tested positive	Deaths Deaths within 28 days of positive test	Healthcare Patients admitted	Testing Virus tests processed
Latest data provided on 12 November 2020	Latest data provided on 12 November 2020	Latest data provided on 8 November 2020	Latest data provided on 11 November 2020
Daily 33,470	Daily 563	Daily 1,668	Daily 377,608
Last 7 days 166,998	Last 7 days 2,808	Last 7 days 10,783	Last 7 days 2,237,714
↑9,138 (5.8%)	↑643 (29.7%)	↑488 (4.7%)	↑247,574 (12.4%)

As of 4.17pm on 12 November 2020, 9,193,207 pillar 1 and 18,639,609 pillar 2 tests have been confirmed as lab processed in total in England. The total number of lab confirmed cases in England is reported as 1,104,143 with 30,843 new people testing positive in a day. Sadly, 44,773* deaths in England have been reported with daily 469 people dying in a day.

Update for Derby and Derbyshire

Current situation

As we reported last week, the health and care system in Derbyshire continues to experience pressure due to the coronavirus pandemic. Patients are urged to continue to use the NHS where they have concerns about symptoms, but to use it wisely. Patients are advised to use [NHS 111 online](#) or call NHS 111 first if they are not sure which service to use.

'Help Us, Help You' campaign urges people in the East Midlands not to ignore persistent tummy troubles

People with persistent tummy troubles in the East Midlands, including diarrhoea, bloating or discomfort in the tummy area, are being [urged to get checked for cancer](#) as part of the NHS and Public Health England's 'Help Us, Help You' campaign.

Pregnancy and coronavirus

If you have an appointment, or are concerned about the health of you or your baby, it's important that you speak to your midwife or maternity team. The NHS is here to see you, safely. [Find out more.](#)

Figures show that the uptake of the flu vaccine in pregnant women across the region could be

improved

If there is anything you can do to promote awareness and understanding of the vaccine benefits for pregnant women and their unborn babies, it would be appreciated. [Click here](#) for more information about the flu vaccine and more detailed information about flu in the context of coronavirus.

[Janet Driver, Regional Chief Midwife, explains why pregnant women are strongly encouraged to get their flu vaccine.](#)

Derbyshire Dialogue

[Derbyshire Dialogue](#) aims to bring the Derbyshire public into more regular discussions about the developments of health and care. Our next conversation takes place on December 16th, 11am-12pm, and will be about cancer services. Booking information will be available [here](#) shortly.

Do you have a COVID-19 story to tell?

Joined Up Care Derbyshire is [encouraging](#) members of the public to share their COVID-19 health and care story.

Statistics

As of 7.52pm on 12 November 2020.

Cases by area	Last 7 days	Rate per 100,000	Whole pandemic	Rate per 100,000	Deaths	Rate per 100,000
East Midlands	15,097	312.2	106,270	2,197.5	3,655	75.6
Derby city	1,176	457.1	6,117	2,377.4	271	105.3
Derbyshire	2,768	344.8	16,853	2,099.6	729	90.8
Amber Valley	567	442.5	2,601	2,029.7	111	86.6
Bolsover	382	474.2	1,929	2,394.4	50	62.1
Chesterfield	302	287.9	2,157	2,056.2	70	66.7
Derbyshire Dales	144	199.1	990	1,368.8	58	80.2
Erewash	307	266.1	2,340	2,028.2	111	96.2
High Peak	311	335.6	2,119	2,286.7	115	124.1
North East Derbyshire	307	302.6	2,429	2,394	121	119.3
South Derbyshire	448	417.7	2,288	2,133.1	93	86.7

Health services

On Monday 19 October University Hospitals of Derby and Burton reintroduced visiting restrictions following a significant increase in admissions for patients who are COVID-19 positive. [Find out more](#). Chesterfield Royal Hospital have also joined an increasing number of hospitals by taking the decision to suspend all but the most essential on-site patient visiting

Access to primary care services (GP, Pharmacy, Dentist and Opticians)

[This document](#), produced by NHS England and NHS Improvement, provides helpful information about how primary care services are currently operating.

Your GP Practice continues to be open for all health matters

Your GP Practice continues to be open for all health matters as well as COVID-19.

Help us help you

For more information about the work the NHS in Derbyshire has done to ensure that essential services are safe and available to you when you need them please [click here](#).

Services

Joined Up Care Derbyshire has an area of their [website](#) dedicated to bringing you all the latest health service information. For residents without internet access a phone service is available via Healthwatch Derbyshire. Call 01773 880 786. - Mon to Fri, 10am-3.30pm.

If you would like to access the individual websites of our hospital and community NHS partners, these are listed below:

[University Hospitals of Derby and Burton NHS Foundation Trust](#)

[Chesterfield Royal Hospital NHS Foundation Trust](#)

[Derbyshire Community Health Services NHS Foundation Trust](#)

[Derbyshire Healthcare NHS Foundation Trust](#)

[East Midlands Ambulance Service NHS Trust](#)

[DHU Health Care](#) (provider of the NHS 111 telephone helpline for the East Midlands as well as the out of hours GP services in Derbyshire and Leicestershire)

Partner information

World Diabetes Day - 14 November

World Diabetes Day, taking place on Saturday, is an ideal opportunity to encourage people to reduce their risk of diabetes. People living with diabetes face a significantly higher risk of dying from COVID-19 with a third of deaths in England associated with the condition, according to NHS research. Find out more about the [NHS Diabetes Prevention Programme](#).

Alcohol Awareness Week

Next week is Alcohol Awareness Week and the theme this year is 'alcohol and mental health'. In Derby and Derbyshire, there are a number of services that can provide comprehensive support to both adults and young people experiencing issues with alcohol and drugs.

In Derby

[Derby Drug and Alcohol Recovery Service](#) – for those aged 18 and over.

T: 0300 790 0265

[Breakout](#) – the young person's drug and alcohol service for Derby, for those aged under 18.

T: 01332 641661

In Derbyshire county

[Derbyshire Change Grow Live](#) – for young people

T: 01773 303646

[Derbyshire Recovery Partnership](#) – for those aged 18 and over.

T: 0124 620 6514

Individuals across the city and county who want to talk to someone because they are struggling with the impact of alcohol and drugs on their mental health and wellbeing can also contact the [mental health support line](#) 24/7 on 0800 028 0077.

Self care week 16-22 Nov 2020

Next week is also self care week and the theme for this year is "Live Self Care for Life. Find out more about self-care [here](#).

Stay warm and well this winter

Derby residents who require more information or help to [stay warm and well this winter](#) can call 01332 640000. [This page](#) on Derby City Council's website may also be helpful.

Latest newsletter from Joined Up Care Derbyshire

The latest edition of the Joined Up Care Derbyshire newsletter is available [here](#). Find out more about:

- an innovative new caring role
- the work of the Learning Disability and Autism Programme Board
- a focus group session with East Midlands Ambulance Service
- 'Place' and the Ageing Well programme
- + lots more

MH:2K needs you!

[Leaders Unlocked](#) are currently looking for young people to join MH:2K – a youth-led project addressing mental health.

Derbyshire armed forces community research project

Researchers from the University of Derby are seeking members of the Derbyshire Armed Forces Community to participate in a [short focus group](#) or interview to discuss experiences of living and working in Derbyshire and accessing local services.

Movember

November is the month of [Movember](#). Find out more about their work to raise awareness of men's mental health and suicide prevention, prostate cancer and testicular.

Celebrate Diwali safely on Saturday 14 November

With England in a second national lockdown and restrictions in place on social gatherings people are having to find other ways to celebrate safely. In [this article](#), India TV suggests five ways to light up celebrations amidst the pandemic.

Support, guidance, advice and wellbeing

Easy read guidance for households with possible COVID-19

Easy read [guidance](#) on what to do if you or someone in your household has symptoms of coronavirus or has been told they have coronavirus after having a test.

New guidance for people who are Clinically Extremely Vulnerable to COVID-19

Following publication of [new guidance for people who are Clinically Extremely Vulnerable to COVID-19](#), the Government has written to everyone on the shielded patients list to notify them of the change in advice. There is a separate letter to children and young people.

Disadvantaged pupils can enrol for catch-up tuition

Disadvantaged pupils in England could begin focused tuition through the new [National Tutoring Programme](#).

[Support available to employers, businesses and charities in Derbyshire](#)

[Feeding Derbyshire](#)

[Derbyshire Community Response Unit](#)

[Derbyshire Voluntary Action](#)

[Derby Community Hub](#)

[Information on free school meals during the Christmas school holidays in Derby](#)

[Community Action Derby](#)

[Community Directory Derbyshire](#)

[Guidance on supporting children and young people's mental health and wellbeing](#)

[Guidance for the public on mental health and wellbeing](#)

[COVID-19 Survivors Group UK](#)

Wellbeing, health advice and support for health, social care and community staff

Support in relation to the COVID-19 virus is available on the Joined Up Care Derbyshire website [here](#).

Protect the capacity of our health and care services

- Follow the new [national restrictions from 5 November](#)
- [Download](#) the NHS COVID-19 app
- Isolate if ill
- Wash hands regularly
- Wear a face covering when required
- Maintain a safe social distance as appropriate

What you can do to help

Help us to save lives by reinforcing key messages in this bulletin with your key contacts. This should include the updated Government message to stay alert to stay safe. Please use your social media accounts to share only official messages from Government and NHS websites and accounts as there is a lot of misinformation about coronavirus being shared online.

Download previous editions of this bulletin

You can download previous editions of this bulletin [here](#).

Contact

If you have any feedback, or questions, please email us at: ddccg.enquiries@nhs.uk. We are sure you will understand that we are very busy, but we will endeavour to respond to all queries within 72 hours.

Disclaimer:

While every effort has been made to ensure the contents of this bulletin are accurate and up-to-date you will appreciate that the situation relating to the coronavirus pandemic can change rapidly and so NHS Derby and Derbyshire CCG do not accept any responsibility of any omission as it is not deliberate. Nevertheless, we will appreciate provision of accurate information to improve our work. Where links are provided to external content, NHS Derby and Derbyshire CCG holds no responsibility for such content or accuracy.