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Joined Up Care
Derbyshire

Stakeholder Bulletin

23 October 2020

Novel Coronavirus (COVID-19): Derby and Derbyshire stakeholder bulletin #30



Dear partners

There is no doubt that we are at a really concerning moment in relation to COVID-19. On Tuesday, the UK recorded its highest daily coronavirus death toll since 5 June and on Wednesday it was confirmed that all four local authority areas in South Yorkshire – Barnsley, Doncaster, Rotherham and Sheffield – will move into tier 3 (“very high”) from Saturday as will Lancashire. Following protracted negotiations, Greater Manchester will also move into tier 3 from Friday. West Yorkshire, the North East, Teesside and Nottinghamshire are also known to be considering the move at the time of writing.

In Derbyshire our health and social care system continues to be extremely busy with increasing pressure on urgent and emergency services, primary care, mental health and community services. Our emergency departments are particularly busy at the moment which makes it very important that people choose the most appropriate service for their condition. I would welcome your support in promoting the message that emergency departments are for life threatening conditions only and that other services will be able to directly help or signpost for urgent and less urgent medical needs. These services include NHS 111 online, Urgent Treatment Centres, the NHS 111 call centre, GP practices and pharmacists and we urge people to think carefully about which service is most appropriate for their needs.

Ensuring that we contain the rate of infection is more important than ever as we see more of neighbouring areas entering tier 3 with others at significant risk. We must act collectively and individually to ensure that we do not see a rise which would result in us moving to a higher tier. Our health and social care system is working jointly to keep our citizens safe and again, your support in sharing messaging regarding the importance of compliance would be very welcome. The key messages continue to be washing our hands

regularly, wear a face covering when required and maintain a safe social distance. Self-isolating if anyone in a household or a support bubble tests positive for the virus is also a key message to convey.

As a health and care system we will, of course, respond to the virus and look after patients in the very best way we can for their COVID and non COVID health needs but it is imperative that we also focus on the work that can still be done in the health protection space.

As always, below you will find a useful round up of local and national updates along with news from our partners and sources for advice, support and guidance to support wellbeing.

With best wishes and stay safe.

Chris

Dr Chris Clayton
Executive Lead
Joined Up Care Derbyshire

Items included in this update

- National update
- Update for Derby and Derbyshire
- Health services
- Partner information
- Support, advice, guidance and wellbeing
- Protect the capacity of all our health and care services
- What you can do to help
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National update

Three tier system

The three-tier system of coronavirus restrictions came into force in England on Wednesday 14 October following the Prime Minister's announcement on Monday 12 October. The tiers are [medium](#), [high](#) and [very high](#) – sometimes referred to as tiers 1, 2 and 3 – and are based on the number of COVID-19 cases and the associated risk of transmission. Local restrictions are adjusted according to the alert level for that particular population. You can check the alert level in your area using this [postcode finder](#).

Full list of local COVID alert levels by area

[Click here](#) to see the areas in England listed as local COVID alert level high and local COVID alert level very high.

How self-isolating protects your friends, family and community

[This blog](#) looks at why self-isolation is still vitally important to stop COVID-19 from spreading in our community, particularly to people who could become very sick if they catch the virus.

New 90-minute tests for Covid-19 and flu 'hugely beneficial'

From this week, a [new study](#) will be carried in hospitals, care homes, colleges and universities in Covid-19 hotspots across England.

“Long Covid”

A [new study](#) estimates that one in 20 people are sick for at least eight weeks after contracting coronavirus. Old age, asthma, excess weight and being female were all found to increase a person's risk of developing so-called "long Covid"

Statistics

As of 5pm on Thursday 22 October 2020, the total number of PCR tests processed in the UK stood at 28,399,151 with the overall daily testing capacity at 380,049. 7,837,221 Pillar 1 and 14,782,045 Pillar 2 tests have been confirmed in England. The total number of lab confirmed cases in the UK is reported as 810,467 of which 687,327 positive cases have been identified as being in England. Sadly 39,300 deaths* in England have been reported.

Update for Derby and Derbyshire

- The number of hospital beds occupied by confirmed COVID-19 cases (as at 8am 14/10/2020) was 76 compared to 58 at the same period last week. The increase is slightly lower than the previous week. Continued increases at this rate would lead to April peak levels being reached in late November.
- The number of positive tests has increased from last week and incidence is higher than previous records.
- The number of 111 calls and online visits relating to COVID-like presentations showed a peak in September and is currently at the level experienced in May 2020 but has also stabilised over the last two weeks.
- The number of patients waiting 62+ days and 104+ days for their treatment continues to reduce.
- The number of cancer two week wait referrals are back to pre-COVID levels.
- Improving Access to Psychological Therapies (IAPT) access is showing good recovery and close to pre-COVID levels.

Derbyshire Dialogue

‘Derbyshire Dialogue’ aims to bring the Derbyshire public into more regular discussions about the developments of health and care. Our next conversation takes place on November 5th and will focus on urgent and emergency care. For more information and to register please [click here](#). For more information about Derbyshire Dialogue, [click here](#).

Dementia Support in Derbyshire during the COVID-19 pandemic

[This document](#) provides helpful information for people living with dementia and their families and carers.

Flu vaccine

Public Health England have published [guidance](#) on why some people are being offered the vaccine, while others have to wait.

Chesterfield Royal Hospital: Together as One, Draft Strategy

Chesterfield Royal Hospital have created a new draft strategy, **‘Together as One’**, depicting their vision, mission, success factors and values on one page. It describes how they will bring their people, patients, communities and partners together as one group – working and interacting to make their Trust the best it can be.

You can read the full Together as One draft [here](#) or the one page version [here](#).

Statistics

As at 5pm on Thursday 22 October 2020 the East Midlands has a total of 62,486 cases with 2,947 confirmed cases in Derby and 8,617 confirmed cases in Derbyshire. Breakdown of 8,617 Derbyshire confirmed cases: Amber Valley: 1,207; Bolsover: 866; Chesterfield: 1,092; Derbyshire Dales: 570; Erewash: 1,269; High Peak: 1,212; NE Derbyshire: 1,392; South Derbyshire: 1,009.

As at 5pm on Thursday 22 October 2020, 3,110 deaths have been reported in the East Midlands. 234 of these deaths were reported in Derby City and 604 deaths were reported in Derbyshire, of which: Amber Valley: 86; Bolsover: 40; Chesterfield: 64; Derbyshire Dales: 48; Erewash: 86; High Peak: 91; NE Derbyshire: 107; South Derbyshire: 82.

*Deaths within 28 days of positive test

Figures as reported at <https://coronavirus.data.gov.uk/>

Health services

Visitor restrictions

On Monday University Hospitals of Derby and Burton reintroduced visiting restrictions following a significant increase in admissions for patients who are COVID-19 positive. [Find out more](#).

Access to primary care services (GP, Pharmacy, Dentist and Opticians)

[This document](#), produced by NHS England and NHS Improvement, provides helpful information about how primary care services are currently operating.

Your GP Practice continues to be open for all health matters

Your GP Practice continues to be open for all health matters as well as COVID-19.

Help us to help you

For more information about the work the NHS in Derbyshire has done to ensure that essential services are safe and available to you when you need them please [click here](#).

Services

Joined Up Care Derbyshire has an area of their [website](#) dedicated to bringing you all the latest health service information. For residents without internet access a phone service is available via Healthwatch Derbyshire. Call 01773 880 786, - Mon to Fri, 10am-3.30pm.

If you would like to access the individual websites of our hospital and community NHS partners, these are listed below:

[University Hospitals of Derby and Burton NHS Foundation Trust](#)

[Chesterfield Royal Hospital NHS Foundation Trust](#)

[Derbyshire Community Health Services NHS Foundation Trust](#)

[Derbyshire Healthcare NHS Foundation Trust](#)

[East Midlands Ambulance Service NHS Trust](#)

[DHU Health Care](#) (provider of the NHS 111 telephone helpline for the East Midlands as well as the out of hours GP services in Derbyshire and Leicestershire)

Partner information

Enjoy Halloween safely

Enjoy yourself, but safely is the [message that is being communicated](#) this year for the spooky season of Halloween.

iPad offer to care homes

NHSx is [offering](#) iPads to help care homes provide care to residents. Care homes must apply by Friday 23rd October 2020.

National Cholesterol Month

October is [National Cholesterol Month](#) run by Heart UK, raising awareness about the dangers of high cholesterol.

Do you have a COVID-19 story to tell?

Joined Up Care Derbyshire is [encouraging](#) members of the public to share their COVID-19 health and care story.

Community Directory Derbyshire

The [Community Directory Derbyshire](#) provides information on over 4000 community and voluntary groups in Derby and Derbyshire.

ShopAppy

'[Shopappy](#)' aims to get small businesses online.

Support, guidance, advice and wellbeing

Working safely during coronavirus (COVID-19)

Find out [how](#) to make your workplace COVID-secure.

COVID-19: guidance on supporting children and young people's mental health and wellbeing

[Advice](#) for parents and carers on looking after the mental health and wellbeing of children or young people during the coronavirus (COVID-19) outbreak.

COVID-19: guidance for the public on mental health and wellbeing

Advice and information on how to look after your mental health and wellbeing during the coronavirus (COVID-19) outbreak.

COVID-19 Survivors Group UK

[Self Help UK](#) has set up a new service for people who have had coronavirus and survived.

Alcohol support

For more information see [this page](#) on NHS Choices.

Help for those experiencing domestic abuse

If you're experiencing domestic abuse, [click here](#) for a list of organisations that can assist you.

Wellbeing, health advice and support for health, social care and community staff

Support in relation to the COVID-19 virus is available on the Joined Up Care Derbyshire website [here](#).

Protect the capacity of all our health and care services

- Remember the rule of six
- Isolate if ill
- Wash hands regularly
- Wear a face covering when required
- Maintain a safe social distance as appropriate

What you can do to help

Help us to save lives by reinforcing key messages in this bulletin with your key contacts. This should include the updated Government message to stay alert to stay safe. Please use your social media accounts to share only official messages from Government and NHS websites and accounts as there is a lot of misinformation about coronavirus being shared online.

Download previous editions of this bulletin

You can download previous editions of this bulletin [here](#).

Contact

If you have any feedback, or questions, please email us at: ddccg.enquiries@nhs.uk. We are sure you will understand that we are very busy, but we will endeavour to respond to all queries within 72 hours.

Disclaimer:

While every effort has been made to ensure the contents of this bulletin are accurate and up-to-date you will appreciate that the situation relating to the coronavirus pandemic can change rapidly and so NHS Derby and Derbyshire CCG do not accept any responsibility of any omission as it is not deliberate. Nevertheless, we will appreciate provision of accurate information to improve our work. Where links are provided to external content, NHS Derby and Derbyshire CCG holds no responsibility for such content or accuracy.

