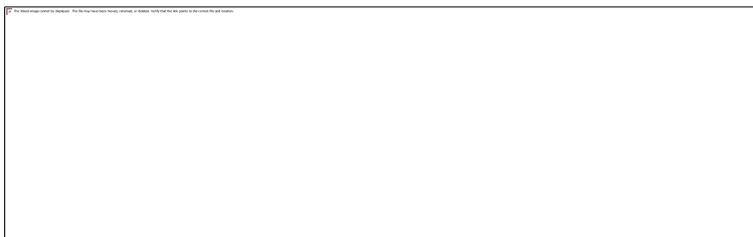


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9 October 2020

Novel Coronavirus (COVID-19): Derby and Derbyshire stakeholder bulletin #28



Dear partners

The R number – a key measure of virus transmission – is estimated to be 1.2 – 1.6 in England right now. The rise in infections in the community is now clearly translating into new cases being admitted to hospital as admissions and deaths rise across the UK. As of Tuesday evening, 14,542 cases of coronavirus and 76 deaths were reported in the preceding 24 hours. At the time of writing Scotland has just announced tighter restrictions in response to the rising number of cases and it is likely that parts of England will also see the introduction of tighter restrictions early next week. While the rise in cases is of course a cause for concern we are still a long way from the peak.

That said, as we keep hearing, there is no room for complacency at this time; we each have a responsibility to do the things that are in our power to help stop the spread of coronavirus. The Midlands 'R' value remains in line with the England value at 1.2-1.5 and the growth rate of infection is between 3% and 8% on a daily basis. We have seen additional cases added to all districts and boroughs of Derby and Derbyshire in the last week and for the first time in eight weeks there have been COVID-19 related deaths announced at Royal Derby Hospital.

Dean Wallace, Derbyshire's Director of Public Health, has this week written to GPs in the areas that are seeing the biggest jump in cases asking for their support in reminding people of the important things they need to be doing to help avoid contracting the virus and passing it on and I would like to ask the same of you here. We should all be:

- Keeping our distance from people not in our household or support bubble.
- Washing our hands regularly.
- Wearing a face covering in shops, on public transport and other enclosed spaces.
- Keeping social gatherings to a maximum of six people – including children – indoors and outdoors.
- Only booking a test – or requesting a free home testing kit - if we have one or more of the main symptoms: a high temperature, new continuous cough or change to taste or smell. This can be done online at www.gov.uk/coronavirus or by calling NHS 119.
- Acting like we have coronavirus if we have symptoms. We shouldn't wait for our test results to self-isolate – we should book a test immediately and begin self-isolating straight away to help prevent passing it on to loved ones.

As you will likely be aware, cases are rising more quickly among younger people and I'd appreciate your help to get these vital messages to parents, carers or young people themselves.

Amid the rising number of cases, I would like to reassure you that the health and care system in Derby and Derbyshire continues to work closely and is ready to respond to any escalation as we move forward to contain and ultimately overcome COVID-19.

With best wishes and stay safe.

Chris

Chris Clayton
Accountable Officer & Chief Executive
NHS Derby and Derbyshire CCG

Items included in this update

- National update
- Update for Derby and Derbyshire
- Health services
- Partner information
- Support, advice, guidance and wellbeing
- What you can do to help
- Download previous editions of this bulletin
- Contact

National update

[New restrictions for parts of England likely next week](#)

The BBC [has been told](#) that Covid restrictions are to be further tightened in parts of England early next week, with the closure of pubs and restaurants a possibility in the worst-affected areas.

[Restrictions for England to be standardised into three tiers](#)

The BBC reports that the government is to push ahead with a new "[three-tier](#)" approach to coronavirus

restrictions in local areas of England.

Pubs and restaurants in central Scotland to close

All pubs and restaurants across central Scotland are to be [closed](#) under new measures aimed at tackling a surge in coronavirus cases.

Local lockdown rules: Check Covid restrictions in your area

BBC [search tool](#) to find out about coronavirus rules and restrictions where you live.

Nearly 16,000 coronavirus cases missed in daily figures after IT error

A [technical glitch](#) meant nearly 16,000 cases of coronavirus went unreported and has delayed efforts to trace contacts of people who tested positive.

Vaccine will 'not return life to normal in spring'

Even an effective coronavirus vaccine [will not return life to normal in spring](#), a group of leading scientists has warned.

How do pandemics end?

Most of the infections faced by our ancestors are still with us. [Click here](#) to find out how some of those pandemics came to an end, giving us clues as to how our future may unfold.

COVID-19 in the UK: How many coronavirus cases are there in your area?

[Find out](#) how the pandemic has affected your area and how it compares with the national average.

Statistics

As of 4pm on 7 October 2020, 24,081,522 Pillar 1 and 2 tests have been confirmed as lab-processed in total. The total number of lab confirmed cases is reported as 544,275, of which 465,704 positive cases have been identified as being in England. Sadly 37,753 deaths in England have been reported as of 7 October 2020.

Update for Derby and Derbyshire

Current situation

The welcome to this bulletin examines the current position in Derby and Derbyshire, examining the 'R' number for the Midlands, the rise in cases, hospital admissions and deaths - and what we can all do to help contain the spread of the virus. In addition, we are now starting to see other winter viruses circulating. Rhinovirus has been circulating in schools and is being seen in the older age groups, with symptoms that resemble COVID-19. This is putting additional pressure on the Test and Trace system. [This article](#) and [video](#) may help you to understand any symptoms you have.

The Emergency Department in Derby is seeing an increase in non-covid activity and it's important that we all make the right healthcare choices to ensure our safety and the safety of our health and care staff at this time as well as making sure we get the right treatment in the most appropriate place. Derbyshire has five designated [urgent treatment centres](#) in Buxton, Matlock, Ripley, Ilkeston and Derby. NHS111, on the telephone and [online](#), is also available to help direct you to the appropriate place for the right treatment.

Derbyshire Dialogue

'Derbyshire Dialogue' aims to bring the Derbyshire public into more regular discussions about the developments of health and care. Our next conversation will focus on GP services. For more information and to register please use the link below.

14 October | GP services (primary care) session:

<https://www.surveymonkey.co.uk/r/DDgpservicesoctober>

Protect yourself, your family and our patients from flu this winter

Getting the flu vaccination protects you, your friends and your family from the flu. [Click here](#) for more information about the flu vaccine and more detailed information about flu in the context of coronavirus.

Statistics

As at 4pm on 7 October 2020 the East Midlands has a total of 39,074 cases with 1,950 confirmed cases in Derby and 5,378 confirmed cases in Derbyshire. Breakdown of 5,378 Derbyshire confirmed cases: Amber Valley: 746; Bolsover: 553; Chesterfield: 719; Derbyshire Dales: 368; Erewash: 686; High Peak: 773; NE Derbyshire: 901; South Derbyshire: 632.

As at 7 October 2020, 2,990 deaths have been reported in the East Midlands. 227 of these deaths were reported in Derby City and 577 deaths were reported in Derbyshire, of which:

Amber Valley: 83; Bolsover: 37; Chesterfield: 64; Derbyshire Dales: 48; Erewash: 79; High Peak: 81; NE Derbyshire: 104; South Derbyshire: 81. There have been two Derbyshire deaths since last week's figures; one in Erewash and one in South Derbyshire.

*Figures as reported at <https://coronavirus.data.gov.uk/>

Health services

Access to primary care services (GP, Pharmacy, Dentist and Opticians)

[This document](#), produced by NHS England and NHS Improvement, provides helpful information about how primary care services are currently operating.

Your GP Practice continues to be open for all health matters

Your GP Practice continues to be open for all health matters as well as COVID-19.

Hospitals

Colleagues at the University Hospitals of Derby and Burton NHS Foundation Trust have produced a [short film](#) so patients and visitors at their sites know what to do and expect as COVID measures remain in place.

Colleagues at Chesterfield Royal Hospital NHS Foundation Trust have a dedicated [information section](#) on their website explaining all the work they have been doing on COVID measures which you can see here.

Help us help you

For more information about the work the NHS in Derbyshire has done to ensure that essential services are safe and available to you when you need them please [click here](#).

Services

Joined Up Care Derbyshire has an area of their [website](#) dedicated to bringing you all the latest health service information.

If you would like to access the individual websites of our hospital and community NHS partners, these are listed below:

[University Hospitals of Derby and Burton NHS Foundation Trust](#)

[Chesterfield Royal Hospital NHS Foundation Trust](#)

[Derbyshire Community Health Services NHS Foundation Trust](#)

[Derbyshire Healthcare NHS Foundation Trust](#)

[East Midlands Ambulance Service NHS Trust](#)

[DHU Health Care](#) (provider of the NHS 111 telephone helpline for the East Midlands as well as the out of hours GP services in Derbyshire and Leicestershire)

Partner information

Saturday 10th October is [World Mental Health Day](#). This year's theme set by the World Federation for Mental Health is 'mental health for all'.

Coronavirus: quick guide for parents

Derbyshire County Council has produced a quick [guide](#) for parents and carers offering advice on what to do in a number of scenarios relating to coronavirus.

Help shape Derbyshire's care

COVID-19 has created some big and potentially long-lasting changes in the way that people across Derbyshire look after their health and care needs. You can help shape future care by answering a [few simple questions](#) before Monday 12th October.

How do you think musculoskeletal (MSK) care could be improved in Derbyshire?

Join the first virtual conversation about musculoskeletal (MSK) care on Wednesday 14th October, 3pm – 4.30pm. For more information or to book on, please contact Karen Lloyd at karen.lloyd24@nhs.net

Black History Month

[Black History Month](#) provides a fantastic opportunity for us to recognise the outstanding contributions people of African and Caribbean descent have made to our country over many generations. From business, law and education to technology, sport and the creative arts.

Breast cancer awareness month

[Breast Cancer Awareness Month](#) is an annual campaign to increase awareness of the disease. Every year around 11,500 women and 85 men die from breast cancer in the UK. (Source: breastcancernow.org)

Stoptober

Stopping smoking is one of the best things you'll ever do for your health. It's never too late to quit, so join in this [Stoptober](#).

Support, guidance, advice and wellbeing

Alcohol support

For more see [this page](#) on NHS Choices.

Help for those experiencing domestic abuse

If you're experiencing domestic abuse, [click here](#) for a list of organisations that can assist you.

Website to support people recovering from the long-term effects of COVID-19

[Your COVID recovery](#) includes information from rehabilitation experts about how to manage ongoing symptoms and health needs at home, and signposts to sources of support.

Wellbeing, health advice and support for health, social care and community staff

Support in relation to the COVID-19 virus is available on the Joined Up Care Derbyshire website [here](#).

What you can do to help

Help us to save lives by reinforcing key messages in this bulletin with your key contacts. This should include the updated Government message to stay alert to stay safe. Please use your social media accounts to share only official messages from Government and NHS websites and accounts as there is a lot of misinformation about coronavirus being shared online.

Download previous editions of this bulletin

You can download previous editions of this bulletin [here](#).

Contact

If you have any feedback, or questions, please email us at: ddccg.enquiries@nhs.uk. We are sure you will understand that we are very busy, but we will endeavour to respond to all queries within 72 hours.

Disclaimer:

While every effort has been made to ensure the contents of this bulletin are accurate and up-to-date you will appreciate that the situation relating to the coronavirus pandemic can change rapidly and so NHS Derby and Derbyshire CCG do not accept any responsibility of any omission as it is not deliberate. Nevertheless, we will appreciate provision of accurate information to improve our work. Where links are provided to external content, NHS Derby and Derbyshire CCG holds no responsibility for such content or accuracy.