



Stakeholder Bulletin

2 October 2020

Novel Coronavirus (COVID-19): Derby and Derbyshire stakeholder bulletin #27



Dear partners

It has now been over a week since the Prime Minister outlined a number of new restrictions in response to the rising number of coronavirus cases and on Monday (28 September) it became a legal duty to self-isolate. Knowing what to do if a member of your household has suspected coronavirus symptoms or is confirmed as having coronavirus is an important part of combating the further spread of coronavirus. In the 'national updates' section below we provide links to guidance on what to do in that scenario and more information on how self-isolating helps to protect our friends, family and community.

Tuesday saw the UK record its highest ever number of daily coronavirus cases at 7,143. Compare this to Monday when 4,044 new cases were reported and the difficulty in making predictions about the virus becomes clear. The recent rises in COVID-19 cases across the country - in all age groups and communities - are a stark warning to us all that we need to keep working together to slow the spread of the virus. Indeed, the Prime Minister spoke of the UK being at a "critical moment" with coronavirus at Wednesday's Downing Street briefing and the Chief Scientific Advisor, Sir Patrick Vallance, said: "There's no cause for complacency here at all." More details from Wednesday's briefing can be found below. While things remain relatively stable across Derby and Derbyshire we are seeing rises in the number of cases in Amber Valley and High Peak so we continue to remain on high alert and ready to respond.

Work continues on our winter plan, which was reviewed by the A&E Delivery Board on Thursday 24 September. It is evidently the most complex and comprehensive winter plan we have ever developed and the work in getting us this far has been tremendous and I would like to thank everybody who has been involved in putting the plan together. More information on the plan is provided below.

Campaigns for the NHS COVID-19 app and flu got underway last week. Both are a central part of the strategy to help minimise the impact of coronavirus this winter. Over 6 million people downloaded the NHS

COVID-19 app on the first day which is incredible and this year 30 million people are eligible for a free vaccine. More information on the app and the vaccination programme are provided below.

Below you will find a useful round up of local and national updates along with news from our partners and sources for advice, support and guidance to support wellbeing.

With best wishes and please do stay safe.

Chris

Chris Clayton
Chief Executive Officer
NHS Derby and Derbyshire CCG

Items included in this update

- National update
- Update for Derby and Derbyshire
- Health services
- Partner information
- Support, advice, guidance and wellbeing
- Protect the capacity of all our health and care services
- What you can do to help
- Download previous editions of this bulletin
- Contact

National update

Wednesday 30 September Downing Street briefing

New measures to tackle the rise in coronavirus cases "will take time to feed through", Prime Minister Boris Johnson [has said](#).

See also: [Prime Minister's statement on coronavirus \(COVID-19\): 30 September 2020](#)

Milestones of the global pandemic

As the number of deaths passes one million, the BBC [takes a look](#) at some of the landmarks along the way.

NHS COVID-19 app has been downloaded over 10 million times

Over [10 million people](#) in England and Wales have downloaded the app, 6 million on the first day (27 Sept 2020).

See also: [The government is texting and emailing people across England to inform them of the new contact tracing app](#).

Students will be able to come home for Christmas

Education Secretary, Gavin Williamson, has said [students would be able to come home for Christmas](#), but some may need to self-isolate before they do.

Covid-19 in the UK: How many coronavirus cases are there in your area?

[Find out](#) how the pandemic has affected your area and how it compares with the national average.

Cold or coronavirus symptoms in children – DfE animation

The Department For Education, in conjunction with DHSC, has published an animation explaining the symptoms that could indicate if a child has coronavirus and should get a test, and when it is just a cold or something else, and parents or guardians should check the NHS website or via their pharmacy. See:

[Twitter](#) | [Facebook](#) | [Instagram](#)

See also: Chief Nurse and Interim Chief Medical Officer of NHS Test and Trace [offer advice](#) on when parents and guardians should book a coronavirus (COVID-19) test for their child. [Childcare exempt from interhousehold mixing restrictions in local areas of intervention](#)

Guidance for households with possible coronavirus infection

[Stay at home guidance](#) for households with possible coronavirus (COVID-19) infection.

See also: [Guidance for contacts of people with confirmed coronavirus](#) (COVID-19) infection who do not live with the person.

How self-isolating protects your friends, family and community

[This blog](#) looks at why self-isolation is still vitally important to stop COVID-19 from spreading in our community, particularly to people who could become very sick if they catch the virus.

See also: [New package to support and enforce self-isolation](#)

How to help safely

Across the UK people are playing their part and providing essential support to their friends and family who are in isolation. Advice on how to help safely is available [here](#).

National

As of 4pm on 30 September 2020, 22,209,600 Pillar 1 and 2 tests have been confirmed as lab-processed in total. The total number of lab confirmed cases is reported as 453,264, of which 388,342 positive cases have been identified as being in England. Sadly 37,429 deaths in England have been reported as of 30 September 2020.

Update for Derby and Derbyshire

Current situation - Based on intelligence as at Friday 25 September

The number of hospital beds occupied by confirmed COVID-19 cases as at 8am 23/9/20 stood at 21 (18 UHDB, 2 CRH and 1 DCHS) compared to 19 at the same period the previous week.

GP activity relating to COVID over the last two weeks has increased by 12% compared to the average weekly volume delivered in the previous six week period.

The number of 111 calls relating to COVID-like presentations increased again this week and was at a similar level experienced in early May 2020.

Overall emergency demand at the end of August 2020 stood at 78% of August 2019's level.

Waiting lists for elective care are showing week on week recovery. All patients on waiting lists have been clinically triaged and are being treated in priority order as services resume.

Acute bed occupancy rates stand at 78% (CRH 80%, UHDB 78%).

Cancer long waits have improved from the previous week with both Trusts following the downward trend set.

Winter planning

The winter plan is aligned to the Phase 3 COVID-19 recovery plan and the monitoring we are doing of the virus as it appears to be resurging. It is very important that we understand the balance between these three separate, but very inter-related plans. We will now be testing the planning against a range of scenarios, for example what demand might the increase of COVID-19 infections put on our system.

There will be a national campaign launching in October to support services through winter. The campaign will follow three phases: 1) access to services 2) flu and 3) alleviating service pressures through NHS 111 First. We will provide more information on NHS 111 First over the coming weeks.

Important coronavirus testing information for patients

[Click here](#) for helpful information about coronavirus testing for patients in Derby and Derbyshire.

Derbyshire Dialogue

'Derbyshire Dialogue' aims to bring the Derbyshire public into more regular discussions about the developments of health and care. Our forthcoming conversations will be on mental health and GP services. For more information and to register please use the following links:

7 October | Mental health services session: <https://www.surveymonkey.co.uk/r/DDmentalhealthoctober>

14 October | GP services (primary care) session:
<https://www.surveymonkey.co.uk/r/DDgpservicesoctober>

Protect yourself, your family and our patients from flu this winter

The flu virus kills 11,000 people and hospitalises tens of thousands more in England in an average year. But this is anything but an average year. That is why Public Health England is launching an expanded flu vaccination campaign targeting the 30 million people eligible for a free vaccine this year.

Getting the flu vaccination protects you, your friends and your family from the flu. [Click here](#) for more information about the flu vaccine and more detailed information about flu in the context of coronavirus.

Statistics

As at 4pm on 30 September 2020 the East Midlands has a total of 32,991 cases with 1,725 confirmed cases in Derby and 4,577 confirmed cases in Derbyshire. Breakdown of 4,577 Derbyshire confirmed cases: Amber Valley: 635; Bolsover: 486; Chesterfield: 623; Derbyshire Dales: 316; Erewash: 562; High Peak: 641; NE Derbyshire: 759; South Derbyshire: 555

As at 30 September 2020, 2,978 deaths have been reported in the East Midlands. 227 of these deaths were reported in Derby City and 575 deaths were reported in Derbyshire, of which: Amber Valley: 83; Bolsover: 37; Chesterfield: 64; Derbyshire Dales: 48; Erewash: 78; High Peak: 81; NE Derbyshire: 104; South Derbyshire: 80. There have been three Derbyshire deaths since last week's figures; one in Amber Valley, one in Erewash and one in South Derbyshire.

*Figures as reported at <https://coronavirus.data.gov.uk/>

Health services

Access to primary care services (GP, Pharmacy, Dentist and Opticians)

[This document](#), produced by NHS England and NHS Improvement, provides helpful information about how primary care services are currently operating.

Your GP Practice continues to be open for all health matters

Your GP Practice continues to be open for all health matters as well as COVID-19.

Hospitals

Colleagues at the University Hospitals of Derby and Burton NHS Foundation Trust have produced a [short film](#) so patients and visitors at their sites know what to do and expect as COVID measures remain in place.

Colleagues at Chesterfield Royal Hospital NHS Foundation Trust have a dedicated [information section](#) on their website explaining all the work they have been doing on COVID measures which you can see here.

Help us help you

For more information about the work the NHS in Derbyshire has done to ensure that essential services are safe and available to you when you need them please [click here](#).

Services

Joined Up Care Derbyshire has an area of their [website](#) dedicated to bringing you all the latest health service information.

If you would like to access the individual websites of our hospital and community NHS partners, these are listed below:

[University Hospitals of Derby and Burton NHS Foundation Trust](#)

[Chesterfield Royal Hospital NHS Foundation Trust](#)

[Derbyshire Community Health Services NHS Foundation Trust](#)

[Derbyshire Healthcare NHS Foundation Trust](#)

[East Midlands Ambulance Service NHS Trust](#)

[DHU Health Care](#) (provider of the NHS 111 telephone helpline for the East Midlands as well as the out of hours GP services in Derbyshire and Leicestershire)

Partner information

Coronavirus: quick guide for parents

Derbyshire County Council has produced a quick guide for parents offering advice on what to do in a number of scenarios relating to coronavirus. [The guide](#) offers advice on what to do if...

- Your child has COVID-19 symptoms
- Your child tests positive for COVID-19
- Somebody in your household has COVID-19 symptoms
- Somebody in your household has tested positive for COVID-19
- NHS Test and Trace has identified your child as a 'close contact' of somebody with symptoms or confirmed COVID-19
- You and/or your child has travelled and has to self-isolate as part of a period of quarantine
- You have received advice from a medical/official source that your child must resume shielding
- You are not sure who should get a test for COVID-19

Help shape Derbyshire's Care

COVID-19 has created some big and potentially long-lasting changes in the way that people across Derbyshire look after their health and care needs. Many residents are using health and care services differently, and have important stories to tell about experiences and care during the pandemic. Joined Up Care Derbyshire wants to hear from people to build on strengths in services and use patient stories to help shape future care. You can do this by answering a [few simple questions](#). Feedback is required by Monday 12 October.

Have your say on musculoskeletal (MSK) services across Derbyshire

NHS Derby and Derbyshire Clinical Commissioning Group would like to understand what you think could be done to help improve [musculoskeletal](#) services. The first session will take place on Wednesday 14 October, 3pm – 4.30pm via Microsoft Teams (information on how to use this platform will be provided). If you would like to book on, or if you would like more information about the session, please contact Karen Lloyd at karen.lloyd24@nhs.net

Upcoming items of note:

- 1 October - Start of [Black History Month](#)
- 1 October - [Older Persons Day](#)
- 1 October - Start of [Breast Cancer Awareness Month](#)
- 1 October - Start of [National Cholesterol Month](#)
- 1 October - Start of [Stoptober](#)

Support, guidance, advice and wellbeing

Alcohol support

For more see [this page](#) on NHS Choices.

Help for those experiencing domestic abuse

If you're experiencing domestic abuse, [click here](#) for a list of organisations that can assist you.

Website to support people recovering from the long-term effects of COVID-19

[Your COVID recovery](#) includes information from rehabilitation experts about how to manage ongoing symptoms and health needs at home, and signposts to sources of support.

Wellbeing, health advice and support for health, social care and community staff

Support in relation to the COVID-19 virus is available on the Joined Up Care Derbyshire website [here](#).

Protect the capacity of all our health and care services

- Remember the rule of six
- Isolate if ill
- Wash hands regularly
- Wear a face covering when required
- Maintain a safe social distance as appropriate

What you can do to help

Help us to save lives by reinforcing key messages in this bulletin with your key contacts. Please use your social media accounts to share only official messages from Government and NHS websites and accounts to help avoid misinformation about coronavirus being shared online.

Download previous editions of this bulletin

You can download previous editions of this bulletin [here](#).

Contact

If you have any feedback, or questions, please email us at: ddccg.enquiries@nhs.uk. We are sure you will understand that we are very busy, but we will endeavour to respond to all queries within 72 hours.

Disclaimer:

While every effort has been made to ensure the contents of this bulletin are accurate and up-to-date you will appreciate that the situation relating to the coronavirus pandemic can change rapidly and so NHS Derby and Derbyshire CCG do not accept any responsibility of any omission as it is not deliberate. Nevertheless, we will appreciate provision of accurate information to improve our work. Where links are provided to external content, NHS Derby and Derbyshire CCG holds no responsibility for such content or accuracy.