

[View this email in your browser](#)



Joined Up Care  
Derbyshire

## Stakeholder Bulletin

25 September 2020

### Novel Coronavirus (COVID-19): Derby and Derbyshire stakeholder bulletin #26

HM Government

NHS



HANDS



FACE



SPACE

Dear partners

On Tuesday, Prime Minister Boris Johnson warned that the UK faces an 'unquestionably difficult winter' in an address to MPs in the House of Commons that preceded an address to the nation where he outlined a number of new restrictions in response to the rising number of coronavirus cases. We provide more details on the new restrictions in the 'national updates' section below with links to further information.

The new restrictions follow warnings given on Monday by the government's Chief Medical Officer and Chief Scientific Adviser of rising new infections and hospital admissions. The Prime Minister emphasised the need to take action now in response to rising numbers cases and clearly it feels like we are at another

critical point in our response to the pandemic.

We have an increasing level of infection in Derbyshire and we must remain very vigilant. The pandemic has been our imperative for the last few months, and continues to be so, but we are also focused on

ensuring that those that have been adversely affected by the pandemic – not necessarily by coronavirus itself - are cared for properly.

This week my appointment as the Executive Lead for Joined Up Care Derbyshire, alongside my role as Accountable Officer and Chief Executive of the CCG, was confirmed. More information on this is available in the 'Derby and Derbyshire' section below. I am passionate about closing the inequalities gap between the best and worst health in our city and county and in this role I will strive to ensure that we continue to oversee the future development of health and social care while we continue to respond to the pandemic.

In his address on Tuesday the Prime Minister said that the health of everyone depends on common success. As I have said before in this bulletin, responding successfully to the pandemic relies on us all taking individual action, what has become known as 'the basics':

- Being careful about social contact with people – the rule of six
- Isolating if ill
- Washing our hands regularly
- Wearing a face covering when required
- Maintaining a safe social distance as appropriate

If we all continue to do these fundamental things then we will bolster our ability to respond to the very real threat of COVID whilst protecting the capacity of all our health and care services.

We have seen a number of other significant announcements this week, such as the launch of the COVID-19 app, the prioritisation of testing allocations and new measures to support jobs and the economy. Below you will find more information on all of these alongside a useful round up of local and national updates along with news from our partners and sources for advice, support and guidance to support wellbeing.

With best wishes and please do stay safe.

Chris

**Chris Clayton**  
**Chief Executive Officer**  
**NHS Derby and Derbyshire CCG**

## Items included in this update

- National update
- Update for Derby and Derbyshire
- Health services
- Partner information
- Support, advice, guidance and wellbeing
- What you can do to help
- Download previous editions of this bulletin
- Contact

## National update

### Prime Minister addresses MPs and the public on new restrictions

On Tuesday, Prime Minister Boris Johnson addressed MPs in the House of Commons ahead of addressing the nation at 8pm to outline new restrictions in response to the rising number of coronavirus cases. In summary:

- Schools and colleges will remain open and businesses can stay open in a "covid compliant way".
- The advice is now to work from home if you can.
- Pubs and restaurants in England will have a 10pm curfew from Thursday, and table service will be required. Takeaways can continue to deliver beyond 10pm.
- New places where face coverings will be required - staff in hospitality and retail sectors will now need to wear them, as well as passengers travelling in taxis.
- Exemptions to the "rule of six" will be cut down. For example, people doing indoor team sports will now not be allowed.
- Weddings, the limit on guests will now reduce from 30 to 15.
- Funerals, the limit to guests will remain at 30.
- Those who were asked to shield during the lockdown are not required to shield at this time unless in a local lockdown area.

The Prime Minister indicated that the new restrictions are likely to remain in place for the next six months. For more detail and for a summary of the briefing given by the government's Chief Scientific Advisor, Sir Patrick Vallance and Chief Medical Officer, Professor Chris Whitty on Monday [click here](#).

### NHS COVID-19 app launches for the over-16s

People living in England and Wales [are being urged](#) to download the government's contact-tracing app following its official release.

**See also:** [NHS Covid-19 app: How England and Wales' contact-tracing service works](#)

### Government publishes testing prioritisation list and announces self-isolation package for those on low incomes

On Monday the Government published its testing prioritisation list, setting out their plans to ensure tests are allocated where they are needed most. They also announced details of a self-isolation package to support people on low incomes who are unable to work because they have tested positive or are asked to self-isolate by NHS Test and Trace.

**For more information see:**

[New measures in response to the acceleration of coronavirus](#)

[Allocation of COVID-19 swab tests in England](#)

### Chancellor Rishi Sunak announces new measures to support jobs and the economy during the coronavirus pandemic.

[At-a-glance: How the government and firms will share cost of topping up lost pay – and other measures unveiled to help workers and businesses hit by Coronavirus.](#)

### How does the COVID-19 alert level system work?

The UK's coronavirus alert level has been upgraded from three to four. It means transmission of the virus is now high, or rising at an increasing rate. Find out more about what this means [here](#).

### Flu jab 'more important than ever' this winter

People can catch flu and coronavirus at the same with serious or deadly consequences, [experts warn](#).

### A cold, flu or coronavirus - which one do I have?

A blocked or runny nose, a sore throat and a cough are common, especially in the winter. But how do you

When you have coronavirus, [this guide](#) may help you to understand any symptoms you have.

**See also:** Watch [this video](#) to help check your symptoms.

### **UK volunteers could be given virus to test vaccine**

The UK could be the first country in the world to carry out Covid "[challenge trials](#)" - where healthy volunteers are deliberately infected with coronavirus to test possible vaccines.

### **What are social distancing and self-isolation rules?**

[This article](#) takes a closer look at what the new restrictions mean for everyone.

### **Statistics**

As of 4pm on 23 September 2020, 19,091,955 Pillar 1 and 2 tests have been confirmed as lab-processed in total. The total number of lab confirmed cases is reported as 409,729, of which 352,925 positive cases have been identified as being in England. Sadly 37,172 deaths in England have been reported as of 23 September 2020.

## **Update for Derby and Derbyshire**

### **Important coronavirus testing information for patients**

The demand for testing has increased significantly in the last two weeks. [Click here](#) for helpful information about coronavirus testing for patients. Please share wherever you feel appropriate.

### **National briefing on priorities**

On Tuesday national NHS leaders were given the latest position from the NHS' perspective in a conversation led by Amanda Pritchard, Chief Operating Officer and Keith Willets, National Incident Director.

A range of priorities were highlighted for the next few months, all of which feature in the recovery plans for Derby and Derbyshire, including reductions in length of stay, flow through emergency departments, waiting time reductions for surgery and diagnostics. Also covered were the preparations regarding EU Exit on 31 December.

### **CCG Chief Executive to lead Derbyshire health and care partnership**

Joined Up Care Derbyshire – the local partnership of health and care organisations – has appointed Dr Chris Clayton as its Executive Lead. Dr Clayton, who will officially take up the role during October, will hold the post alongside his current role as Chief Executive of NHS Derby and Derbyshire Clinical Commissioning Group. More details can be found [here](#).

### **Restoration and recovery**

We are now in the period of implementing phase 3 of the NHS response to the COVID-19 pandemic, often referred to as 'restoration and recovery'. Phase three is defined as the period September 2020 – March 2021 and is focused on:

1. Protecting elected bed base
2. Servicing same level of non-elective demand
3. Servicing a level of COVID demand throughout winter
4. Maintaining some of the efficiencies we have seen in service delivery over the last few months.

Clearly we do not yet know the impact coronavirus will have on services this winter, but protecting the capacity of all our health and care services is an utmost priority for us.

### **Derbyshire Dialogue**

'Derbyshire Dialogue' aims to bring the Derbyshire public into more regular discussions about the developments of health and care. Our forthcoming conversations will be on mental health and GP services. For more information and to register please use the following links:

**7 October** | Mental health services session: <https://www.surveymonkey.co.uk/r/DDmentalhealthoctober>  
**14 October** | GP services (primary care) session:  
<https://www.surveymonkey.co.uk/r/DDgpservicesoctober>

Please do share the links to join future sessions with your friends, family, work colleagues and anyone else you may feel would be interested, this is a public invitation and all are welcome.

### **Protect yourself, your family and our patients from flu this winter**

Getting the flu vaccination protects you, your friends and your family from the flu. [Click here](#) for more information about the flu vaccine and more detailed information about flu in the context of coronavirus.

### **Statistics**

As at 4pm on 23 September 2020 the East Midlands has a total of 30,921 cases with 1,629 confirmed cases in Derby and 4,255 confirmed cases in Derbyshire. Breakdown of 4,255 Derbyshire confirmed cases: Amber Valley: 579; Bolsover: 445; Chesterfield: 598; Derbyshire Dales: 305; Erewash: 523; High Peak: 578; NE Derbyshire: 710; South Derbyshire: 517.

As at 23 September 2020, 2,962 deaths have been reported in the East Midlands. 227 of these deaths were reported in Derby City and 572 deaths were reported in Derbyshire, of which: Amber Valley: 82; Bolsover: 37; Chesterfield: 64; Derbyshire Dales: 48; Erewash: 77; High Peak: 81; NE Derbyshire: 104; South Derbyshire: 79. There have been two Derbyshire deaths since last week's figures were provided; one in Bolsover and one in High Peak.

\*Figures as reported at <https://coronavirus.data.gov.uk/cases>

## **Health services**

### **Access to primary care services (GP, Pharmacy, Dentist and Opticians)**

[This document](#), produced by NHS England and NHS Improvement, provides helpful information about how primary care services are currently operating.

### **Your GP Practice continues to be open for all health matters**

Your GP Practice continues to be open for all health matters as well as COVID-19.

### **Hospitals**

Colleagues at the University Hospitals of Derby and Burton NHS Foundation Trust have produced a [short film](#) so patients and visitors at their sites know what to do and expect as COVID measures remain in place.

Colleagues at Chesterfield Royal Hospital NHS Foundation Trust have a dedicated [information section](#) on their website explaining all the work they have been doing on COVID measures which you can see here.

### **Help us help you**

For more information about the work the NHS in Derbyshire has done to ensure that essential services are safe and available to you when you need them please [click here](#).

### **Services**

Joined Up Care Derbyshire has an area of their [website](#) dedicated to bringing you all the latest health service information.

If you would like to access the individual websites of our hospital and community NHS partners, these are listed below:

[University Hospitals of Derby and Burton NHS Foundation Trust](#)

[Chesterfield Royal Hospital NHS Foundation Trust](#)

[Derbyshire Community Health Services NHS Foundation Trust](#)

[Derbyshire Healthcare NHS Foundation Trust](#)

[East Midlands Ambulance Service NHS Trust](#)

[DHU Health Care](#) (provider of the NHS 111 telephone helpline for the East Midlands as well as the out of hours GP services in Derbyshire and Leicestershire)

## Partner information

### **Opportunity to join East Midlands Patient and Public Involvement Senate**

The East Midlands Academic Health Science Network (EMAHSN) are seeking members of the public and patients to join the [East Midlands Patient and Public Involvement Senate](#).

### **Dementia palliative care team**

The dementia palliative care team work together to deliver palliative and end of life care across Derbyshire to people diagnosed with Dementia. For more information on how to access the service [click here](#).

### **Self-Care September**

Action For Happiness are reminding people to take time to look after themselves in what they have dubbed '[Self-Care September](#)'. Self-care isn't selfish, it's essential!

## Support, guidance, advice and wellbeing

### **Combating COVID-19 fraud**

The Metropolitan Police have produced [five bitesize videos](#) for use during the pandemic. Each video is less than a minute long and contains useful tips and advice on how to combat different types of fraud, which organised criminals are looking to carry out during these difficult times. The information has been shared with the CCG by Ian Morris, our Anti-Crime Specialist at 360 Assurance.

### **Alcohol support**

For more information about alcohol dependency and the support available, see [this page](#) on NHS Choices. You may also find these links to the drinkaware website useful:

[Reasons for cutting down on alcohol](#)

[What to expect when you stop drinking](#)

### **Help for those experiencing domestic abuse**

If you're experiencing domestic abuse, [click here](#) for a list of organisations that can assist you.

### **Website to support people recovering from the long-term effects of COVID-19**

[Your COVID recovery](#) includes information from rehabilitation experts about how to manage ongoing symptoms and health needs at home, and signposts to sources of support.

### **Wellbeing, health advice and support for health, social care and community staff**

Support in relation to the COVID-19 virus is available on the Joined Up Care Derbyshire website [here](#).

## What you can do to help

Help us to save lives by reinforcing key messages in this bulletin with your key contacts. This should include the updated Government message to stay alert to stay safe. Please use your social media accounts to share only official messages from Government and NHS websites and accounts as there is a lot of misinformation about coronavirus being shared online.

## Download previous editions of this bulletin

You can download previous editions of this bulletin [here](#).

## Contact

If you have any feedback, or questions, please email us at: [ddccg.enquiries@nhs.uk](mailto:ddccg.enquiries@nhs.uk). We are sure you will understand that we are very busy, but we will endeavour to respond to all queries within 72 hours.

**Disclaimer:**

While every effort has been made to ensure the contents of this bulletin are accurate and up-to-date you will appreciate that the situation relating to the coronavirus pandemic can change rapidly and so NHS Derby and Derbyshire CCG do not accept any responsibility of any omission as it is not deliberate. Nevertheless, we will appreciate provision of accurate information to improve our work. Where links are provided to external content, NHS Derby and Derbyshire CCG holds no responsibility for such content or accuracy.