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Joined Up Care
Derbyshire

Stakeholder Bulletin

7 August 2020

Novel Coronavirus (COVID-19): Derby and Derbyshire stakeholder bulletin #19



Dear partners

Last Friday the Prime Minister confirmed that the easing of some lockdown restrictions that were due to come into effect last weekend would need to be postponed. This announcement followed an increase in infection rates and the tightening of lockdown restrictions in parts of northern England. The position in Derbyshire is generally stable but we will monitor the situation closely as we did with Leicester.

On Friday (31 July) we received a letter from NHS England and NHS Improvement detailing the next phase of our response to COVID-19. The letter confirmed that the NHS has moved from a Level 4 to Level 3 incident and set out a number of priorities for this phase, including:

- Accelerating the return to near-normal levels of non-COVID health services, making full use of the capacity available in the 'window of opportunity' between now and winter
- Preparation for winter demand pressures, alongside continuing vigilance in the light of further probable COVID spikes locally and possibly nationally
- Doing the above in a way that takes account of lessons learned during the first COVID peak; locks in beneficial changes; and explicitly tackles fundamental challenges including: support for our staff, and action on inequalities and prevention

As the letter sets out, working across systems, including NHS, local authority and voluntary sector partners, has been essential for dealing with the pandemic to date and the same is true in recovery. This

work cannot be done by one organisation alone and we will continue to work collaboratively - as a system - in our response to this next phase. We will set out our plans to respond to the priorities outlined above to NHS England and NHS Improvement by September 1st.

As always, below you will find a useful round up of local and national updates along with news from our partners and sources for advice, support and guidance to support wellbeing.

With best wishes and stay safe.

Chris

Chris Clayton
Chief Executive Officer
NHS Derby and Derbyshire CCG

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National update

Friday 31 July Downing Street briefing delivered by the Prime Minister

On Friday the Prime Minister confirmed that the easing of some lockdown restrictions that were due to come into effect over the weekend would need to be postponed. He covered a number of other issues including increases in infection rates, targeted measures in specific areas, testing, shielding and more. [Click here](#) to read the BBC's coverage of the briefing.

New restrictions introduced for parts of northern England bordering Derbyshire

On Thursday 30 July new restrictions were introduced for a number of areas in the north of England – with some areas bordering Derbyshire. Find out more [here](#). For the latest information [click here](#).

Schools 'must come before pubs and restaurants in future'

On Wednesday, England's children's commissioner said that [schools should be the last places to shut](#) in future lockdowns, after non-essential shops, pubs and restaurants.

New tests to give results in 90 minutes

On Monday it was confirmed that [new swab and DNA tests](#) offering results in 90 minutes would be rolled out to NHS hospitals, care homes and labs from next week.

New slogan – wash hands, cover face, make space

At the Downing Street briefing on Friday, the Prime Minister [attended a remote three part message](#) from hands, cover face, make space.

Virus isolation period extended from seven to 10 days

On Thursday 31 July, the UK Chief Medical Officers [announced](#) that the self-isolation period has been extended to 10 days for those in the community who have coronavirus (COVID-19) symptoms or a positive test result.

Number of COVID-19 cases in England

Data [released by the ONS](#) on Friday 31 July shows that the number of COVID-19 cases in England rose from 2,800 to 4,200 in the previous week. The rate of infection for the country is estimated to be between 0.8 and 1.

NHS announces 'COVID-friendly' cancer treatments

['COVID-friendly' cancer treatments](#) that are safer for patients during the pandemic will be expanded and extended through a £160 million initiative. The funding will pay for drugs that treat patients without having such a big impact on their immune system or offer other benefits such as fewer hospital visits.

Shielding ends for 2m people in England, Scotland and Northern Ireland

Changes in [guidance](#) for those identified as clinically extremely vulnerable and 'shielding' came into effect on Saturday 1 August. More information on how to keep safe outside your home can be found [here](#).

'Let's Get Back' | NHS Test and Trace

NHS launches ['Let's Get Back'](#) campaign to encourage members of the public to get a test should they experience coronavirus symptoms. [Click here](#) for more information about NHS Test and Trace, including details of how they make contact with people they need to speak to and what they **won't** do.

Sewage testing for COVID-19 begins in England

Sewage testing is [being conducted](#) across England in a bid to develop wastewater-based COVID-19 surveillance.

Eat out to help out

The ['eat out to help out'](#) scheme began on Monday and will continue until 31 August. The scheme entitles customers to a 50% discount (up to a maximum of £10 discount per diner) at participating restaurants.

Statistics

As of 9am on 6/8/2020, there have been 17,515,234 tests (either processed or sent out) in the UK. Of these, 12,748,043 tests have been processed in total. The total number of lab confirmed cases is reported as 308,134; of which 265,849 positive cases have been identified as being in England.

Update for Derby and Derbyshire

Restoration and recovery

Please see the welcome to this bulletin for an update on the restoration and recovery work in Derbyshire following receipt of the [phase three letter](#) from NHS England and NHS Improvement.

Infographic highlighting key outputs delivered in Derby and Derbyshire during the COVID-19 pandemic 2020

[Click here](#) to download an infographic highlighting some of the key outputs delivered as part of the response to Coronavirus (COVID -19) in Derby and Derbyshire.

Winter planning

Our winter plan will be reviewed by the A&E Delivery Board at the end of August and by the Joined Up Care Derbyshire Board in mid-September. Our flu vaccination plans has been submitted to NHS England and NHS Improvement for their consideration.

Statistics

As at 4pm on 6/8/2020 there were 1,340 confirmed cases in Derby and 3,472 confirmed cases in Derbyshire.

Breakdown of 3,472 Derbyshire confirmed cases: Amber Valley: 452; Bolsover: 356; Chesterfield: 514; Derbyshire Dales: 264; Erewash: 420; High Peak: 440; NE Derbyshire: 607; South Derbyshire: 419.

*Figures as reported at <https://coronavirus.data.gov.uk/cases>

Health services

Access to primary care services (GP, Pharmacy, Dentist and Opticians)

[This document](#), produced by NHS England and NHS Improvement, provides helpful information about how primary care services are currently operating.

Hospitals

Since 15 June it became mandatory for all hospital staff to wear face masks and all visitors and outpatients to wear face coverings.

GP Surgeries

It is now mandatory to wear a face covering when you visit your GP surgery unless you are exempt from doing so. More information on exemptions is provided in the 'support' section below.

Help us help you

For more information about the work the NHS in Derbyshire has done to ensure that essential services are safe and available to you when you need them please [click here](#).

Services

Joined Up Care Derbyshire has an area of their [website](#) dedicated to bringing you all the latest health service information.

If you would like to access the individual websites of our hospital and community NHS partners, these are listed below:

[University Hospitals of Derby and Burton NHS Foundation Trust](#)

[Chesterfield Royal Hospital NHS Foundation Trust](#)

[Derbyshire Community Health Services NHS Foundation Trust](#)

[Derbyshire Healthcare NHS Foundation Trust](#)

[East Midlands Ambulance Service NHS Trust](#)

[DHU Health Care](#) (provider of the NHS 111 telephone helpline for the East Midlands as well as the out of hours GP services in Derbyshire and Leicestershire)

Partner information

World Lung Cancer Day

World Lung Cancer Day took place on Saturday 1 August. Lung cancer continues to be one of the most common cancers worldwide, claiming more lives yearly than breast, colon, and prostate cancers combined.

Organisers of the awareness day are keen to remind people to check for [symptoms](#), such as a new or continuous cough and to contact their GP should they notice any changes. A cough is, of course, also a symptom of coronavirus however it is still important to contact your GP if you have a new or worsening cough. GPs can speak to you over the phone or by a video call and arrange for tests if you need them.

Most likely, symptoms are not caused by cancer, but it's important to have them checked out, just in case. If cancer is not the cause, a doctor can help figure out what the cause is and treat it, if needed.

Better Health

Public Health England launched the [Better Health](#) campaign last week to support people to live healthier lives and reduce their risk of serious illness, including COVID-19. The campaign website has a range of tools and support to help you kickstart your health.

World Breastfeeding Week 2020 (1-7 August)

It's World Breastfeeding Week. For lots of helpful information and advice on breastfeeding visit the [Start 4 Life](#) page.

Support, guidance, advice and wellbeing

Mental health support available 24 hours a day

24 hour support is available via the freephone number 0800 028 0077.

At home shouldn't mean at risk

If you're experiencing domestic abuse, [click here](#) for a list of organisations that can assist you.

Website to support people recovering from the long-term effects of Covid-19

[Your COVID recovery](#) includes information from rehabilitation experts about how to manage ongoing symptoms and health needs at home, and signposts to sources of support.

Face-covering exemptions

[Click here](#) for more information about face-covering exemptions.

Wellbeing, health advice and support for health, social care and community staff

Support in relation to the COVID-19 virus is available on the Joined Up Care Derbyshire website [here](#).

What you can do to help

Help us to save lives by reinforcing key messages in this bulletin with your key contacts. This should include the updated Government message to stay alert to stay safe. Please use your social media accounts to share only official messages from Government and NHS websites and accounts as there is a lot of misinformation about coronavirus being shared online.

Download previous editions of this bulletin

You can download previous editions of this bulletin [here](#).

Contact

If you have any feedback, or questions, please email us at: ddccg.enquiries@nhs.uk. We are sure you will understand that we are very busy, but we will endeavour to respond to all queries within 72 hours.

Disclaimer:

While every effort has been made to ensure the contents of this bulletin are accurate and up-to-date you will appreciate that the situation relating to the coronavirus pandemic can change rapidly and so NHS Derby and Derbyshire CCG do not accept any responsibility of any omission as it is not deliberate. Nevertheless, we will appreciate provision of accurate information to improve our work. Where links are provided to external content, NHS Derby and Derbyshire CCG holds no responsibility for such content or accuracy.
