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Joined Up Care  
Derbyshire

## Stakeholder Bulletin

19 June 2020

### Novel Coronavirus (COVID-19): Derby and Derbyshire stakeholder bulletin #12



Dear partners

This is the twelfth edition of our regular briefings to keep you updated on the NHS response to Coronavirus (COVID -19) in Derby and Derbyshire.

Monday saw a significant change in lockdown measures as many non-essential retailers along with zoos, safari parks and other outdoor attractions were able to resume operations. I'm sure you will have seen the images of shoppers in their hundreds of thousands queuing on high street, retail parks and in shopping centre. While it's great to see us move towards a semblance of life before coronavirus, news of a spike in coronavirus infections in Beijing despite going over 50 days without a locally transmitted infection gives us cause to remember just how important it is for us all to stay alert and abide by social distancing rules.

We welcome the news this week that researchers at Oxford University have found that the cheap and easily available anti-inflammatory steroid (dexamethasone) could play a substantial role in helping those affected with coronavirus. Their study found that it cuts the death risk by a third for those on ventilators and by a fifth for those on oxygen. At the time of writing the government has granted the NHS immediate authorisation to use the steroid.

In Derbyshire there continues to be a uniform decline in COVID-19 demand since the peak in early April and COVID related staff absences which is wonderful to see. Our response to coronavirus has seen us gather a significant amount of data about the disease and on Friday it was agreed that a Decision Support

Unit would be established through which we will feed data, knowledge and insight to help us to understand our planning and thinking. This unit will be a joint venture between ourselves and colleagues in public health and will help inform our capacity planning work and discussions on 2020/21 investment levels.

If you've ever wondered what it's like to provide care while the NHS responds to coronavirus, please allow me to draw your attention to an article published last week on the Joined Up Care Derbyshire website. [Here](#) you can read what life's been like for Community Physiotherapist, Becky Mead. More articles will be published in the coming weeks.

With best wishes and stay safe.

Chris

**Chris Clayton**  
**Chief Executive Officer**  
**NHS Derby and Derbyshire CCG**

## Items included in this update

- National update
- Update for Derby and Derbyshire
- Health services
- Partner information
- Support, advice, guidance and wellbeing
- What you can do to help
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## National update

### **National advice – stay alert to stay safe**

The national advice continues to be [stay alert, control the virus, save lives](#).

### **REMINDER - PPE in hospital settings**

On Friday 5 June, Health and Social Care Secretary Matt Hancock announced that from 15 June 2020 all staff in hospitals should wear face masks and all visitors and outpatients should wear face coverings (please see the health services section below regarding local arrangements for primary care)

### **Lockdown**

Monday saw a significant change in lockdown measures as many non-essential retailers along with zoos, safari parks and other outdoor attractions were able to resume operations if they complied with COVID secure guidelines. Some non-essential businesses, such as pubs (including beer gardens), bars, restaurants and hairdressers will have to wait until at least 4 July as the risk of transmission is deemed to be higher. For definitive information about what is permissible please see <https://www.gov.uk/coronavirus>

### **Researchers at Oxford University hope affordable steroid will reduce COVID-19 deaths**

Researchers at Oxford University have found that the cheap and easily available anti-inflammatory steroid (dexamethasone) could play a substantial role in helping those affected with coronavirus. Their study found that it cuts the death risk by a third for those on ventilators, and by a fifth for those on oxygen. Both the Prime Minister and Health Secretary have welcomed this development and the government has

granted the NHS immediate authorisation to use the steroid.

### **Education**

Approximately 1.3 million children in England will be able to claim free school meal vouchers during the summer holidays, after a campaign by footballer Marcus Rashford.

### **Social distancing**

Downing Street has said that a review into the two-metre social distancing rule will be complete 'in the coming weeks'.

### **NHS Contact Tracing App**

Speaking to the Science and Technology Committee on Wednesday afternoon, Lord Bethell, the Minister for Innovation at the Department of Health and Social Care, has indicated that the NHS Contact Tracing App may not be ready until winter.

### **NHS Test and Trace statistics published**

New statistics covering the first seven days of operation of the new NHS Test and Trace service were published on Thursday 11 June. You can find the statistics [here](#).

### **NHS volunteers extend support to frontline health and social care staff**

Since Monday 8 June frontline health and care staff have been able to access support from the hundreds of thousands of NHS volunteer responders. [Click here](#) for more information.

### **Thousands of patients to benefit from NHS at home roll-out**

Thousands of patients with cystic fibrosis and dozens recovering from coronavirus are being given devices and apps so that medics can monitor their condition remotely, as part of the NHS drive to give more people connected, supported, personalised care in their own homes. Please find full release attached.

### **Statistics**

As of 9am BST on 17/06/2020, the Department of Health and Social Care confirmed that there have been 7,121,976 tests, of which 299,251 tested positive. 157,797 positive cases were identified as being in England.

## **Update for Derby and Derbyshire**

### **Local response**

The local NHS and its partners continue to respond to the Coronavirus situation through the Local Resilience Forum (LRF) for Derbyshire.

### **Current situation**

As mentioned in the introduction to this bulletin there continues to be a uniform decline in COVID-19 demand since the peak in early April and COVID related staff absences. This is in line with national trends as COVID-19 deaths and admission rates to Intensive Care Units/High Dependency Units decline as well as detections of COVID-19 across all age groups and regions.

Against the COVID-19 backdrop we are starting to see an increase in A&E attendances at both Chesterfield Royal Hospital and University Hospitals of Derby and Burton. Both Rapid Response and Routine nursing services are now operating at pre-COVID activity levels. GP activity relating to COVID-19 presentations has been on a downward trajectory over the last two weeks, with this week's volume a quarter less than last week's. Indications are that non-COVID primary care volumes are increasing.

Work is continuing to quantify the proportion of the population whose mental health may have been adversely affected by the pandemic – current estimates equate to around 7.5% of the population.

### **Restoration and recovery**

Last week a number of [Joined Up Care Derbyshire](#) work stream took place to monitor progress in relation to restoration and recovery. All work streams reported that there was good connectivity across work

streams and underlined the importance of making use of the rich public health information that is available to inform Derbyshire data modelling work. This will link into the Decisions Support Unit mentioned in the introduction.

### Statistics

As at 2pm on 17/6/2020 there were 623 confirmed cases in Derby and 1,745 confirmed cases in Derbyshire.

Breakdown of 1,782 Derbyshire confirmed cases: South Derbyshire: 248; NE Derbyshire: 323; High Peak: 239; Erewash: 203; Derbyshire Dales: 161; Chesterfield: 233; Bolsover: 159; Amber Valley: 212

## Health services

### Access to primary care services (GP, Pharmacy, Dentist and Opticians)

[This document](#), produced by NHS England and NHS Improvement, provides helpful information about how primary care services are currently operating.

### Hospitals

Following Matt Hancock's announcement on 5 June it is now mandatory for all hospital staff to wear face masks and all visitors and outpatients to wear face coverings from 15 June 2020. Visiting restrictions remain in place. Specific visiting information is available on the hospital's websites (see below).

### GP Surgeries

Although it is not mandatory to do so, GPs in Derby and Derbyshire are urging patients to provide and wear their own face covering with the exception of very young children, disabled patients and those with breathing difficulties.

### The NHS is here to help

For more information about the work the NHS in Derbyshire is doing to ensure that essential services are safe and available to you when you need them and for information about the range of wellbeing and other support that is available to you please [click here](#).

### Service changes

To help you keep up-to-date with any service changes, Joined Up Care Derbyshire has an area of their [website](#) dedicated to bringing you all the latest health service information. The website is updated daily to provide information as quickly as possible.

If you would like to access the individual websites of our hospital and community NHS partners, these are listed below:

[University Hospitals of Derby and Burton NHS Foundation Trust](#)

[Chesterfield Royal Hospital NHS Foundation Trust](#)

[Derbyshire Community Health Services NHS Foundation Trust](#)

[Derbyshire Healthcare NHS Foundation Trust](#)

[East Midlands Ambulance Service NHS Trust](#)

[DHU Health Care](#) (provider of the NHS 111 telephone helpline for the East Midlands as well as the out of hours GP services in Derbyshire and Leicestershire)

## Partner Information

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As part of Joined Up Care Derbyshire's series looking at how the NHS has continued to offer care across

Physiotherapist, Becky Mead [here](#) (scroll down to the 'NHS Stories' tab). More articles will be published in the coming weeks.

## Support, guidance, advice and wellbeing

### Education

With schools not set to reopen until September, parents and carers may find resources such as [BBC Bitesize](#) and [StarLine](#) useful. BBC Bitesize provides daily lessons for home schooling in Maths and English for every year group, as well as regular lessons in Science, History, Geography and more. StarLine is a national home learning helpline offering expert information and advice to parents and carers.

### Support for carers

With [research](#) from Sheffield and Birmingham universities suggesting that more than 100,000 unpaid carers in the UK have had to rely on food banks during the pandemic we would like to highlight that [Derbyshire Carers Association](#) exists to support all those in a caring role in Derbyshire. The report raises the issue of "invisible" carers – those staying at home with those shielding - feeling lonely and isolated. The BBC provides the latest advice on shielding [here](#).

### Cervical Screening Awareness Week

It's Cervical Screening Awareness Week this week (15-21 June). The week is organised by Jo's Trust and is focused on helping people to understand changes to cervical screening as a result of coronavirus, including what to expect if you go. For more information [click here](#).

### Learning Disabilities Week

This week is also Learning Disabilities Week and theme is the importance of friendship during lockdown. [mencap](#) has more information. For more support and advice in Derbyshire [click here](#).

### Public Health England (PHE) guidance

PHE are frequently producing and updating guidance for members of the public, as well as people present in clinical and non-clinical settings. Visit [www.gov.uk](http://www.gov.uk) to access all PHE guidance. The most recent publications include guidance for passengers entering the UK.

### Coronavirus information in accessible formats

The Joined Up Care Derbyshire website has a number of resources relating to the needs of specific patient groups and in accessible formats such as easy read, sign language and Makaton. You can view the page [here](#).

### Wellbeing, health advice and support for health, social care and community staff

Support in relation to the COVID-19 virus is available on the Joined Up Care Derbyshire website [here](#).

## In other news

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Tuesday saw the return of the Premier League after a 100-day absence. Man City played Arsenal and Aston Villa played vs Sheffield United – we won't tell you the score's though! A minute's silence was held to remember those who have died with coronavirus

## Fake News Buster

We are aware that there is a message circulating on social media stating that antibody testing is being halted due to life insurance refusals for those who have had illness. The British Medical Association has confirmed that this is totally untrue and that nobody has been refused insurance.

## What you can do to help

Help us to save lives by reinforcing key messages in this bulletin with your key contacts. This should include the updated Government message to stay alert to stay safe. Please use your social media accounts to share only official messages from Government and NHS websites and accounts as there is a lot of misinformation about coronavirus being shared online.

## Download previous editions of this bulletin

You can download previous editions of this bulletin [here](#).

## Contact

If you have any feedback, or questions, please email us at: [ddccq.enquiries@nhs.uk](mailto:ddccq.enquiries@nhs.uk). We are sure you will understand that we are very busy, but we will endeavour to respond to all queries within 72 hours.

### **Disclaimer:**

While every effort has been made to ensure the contents of this bulletin are accurate and up-to-date you will appreciate that the situation relating to the coronavirus pandemic can change rapidly and so NHS Derby and Derbyshire CCG do not accept any responsibility of any omission as it is not deliberate. Nevertheless, we will appreciate provision of accurate information to improve our work. Where links are provided to external content, NHS Derby and Derbyshire CCG holds no responsibility for such content or accuracy.

